

Nutrition Information | *Available only in select locations

Item	Serving Size (g)	Calories	Calories From Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Loaded Omelet SLICE	227	560	207	23	9	0	120	1440	62	2	4	30
Loaded Omelet WHOLE	1360	3380	1260	140	53	0	710	8610	371	12	22	179
Mega Meat SLICE	207	540	189	21	8	0	50	1570	61	3	3	27
Mega Meat WHOLE	1245	3220	1152	128	49	0	315	9420	367	16	21	165
Pepperoni SLICE	191	500	171	19	7	0	40	1270	61	2	3	23
Pepperoni WHOLE	1144	3000	1044	116	43	0	235	7590	364	15	20	138
Chicken Bacon Ranch SLICE	215	560	207	23	8	0	60	1470	61	2	3	29
Chicken Bacon Ranch WHOLE	1288	3330	1242	138	50	0	355	8830	367	12	16	172
Supreme SLICE	236	510	171	19	7	0	35	1350	63	4	4	23
Supreme WHOLE	1418	3070	1026	114	42	0	225	8080	380	21	26	140
Mega Cheese SLICE	194	480	194	16	7	0	35	1140	62	2	3	25
Mega Cheese WHOLE	1166	2900	873	97	40	0	205	6860	372	15	20	148

Pizza

Item	
<p>Mega Cheese</p>	<p>PREPARED PIZZA DOUGH (Pizza Dough [Enriched Unbleached Wheat Flour {Wheat Flour, Niacin, Iron (As Ferrous sulfate), Thiamine Mononitrate, Enzyme, Riboflavin, Folic Acid}, Water, Yeast, High Fructose Corn Syrup, Contains Less than 2% of: Salt, Soybean Oil, Wheat Gluten, Ascorbic Acid, Enzyme], Fully Refined Soybean Oil. Contains: Wheat), MOZZARELLA CHEESE (Low Moisture Part Skim Mozzarella Cheese [Pasteurized Part Skim Milk, Cheese Cultures, Salt, Enzymes], Natamycin [A Natural Mold Inhibitor]), PIZZA SAUCE (Tomato Puree (Water, Tomato Paste), Salt, Sugar, Extra Virgin Olive Oil, Spices, Garlic Powder, Ascorbic Acid), EGG WASH (Whole Eggs, Citric Acid, 0.15% Water (Added As Carrier For Citric Acid), Citric Acid (Added To Preserve Color)), GARLIC SPREAD (Liquid Soybean Oil, Palm Oil, Water, Salt, Contains Less Than 2% of: Whey, Crushed Garlic [Garlic, Citric Acid], Dijon Mustard [Water, Vinegar, Mustard Seed, Salt, White Wine, Fruit Pectin, Citric Acid, Tartaric Acid, Sugar, Spice], Parsley Flakes, Soy Lecithin, Black Pepper, Potassium Sorbate [Preservative], Lemon Juice Powder [Corn Syrup Solids, Lemon Juice Solids, Natural Flavors], Lactic Acid, Artificial Flavor, Calcium Disodium EDTA [Preservative], Vitamin A Palmitate, Beta Carotene [Color]) Contains: Egg, Milk, Soy, Wheat</p>
<p>Loaded Omelet</p>	<p>PREPARED PIZZA DOUGH (Pizza Dough [Enriched Unbleached Wheat Flour {Wheat Flour, Niacin, Iron (As Ferrous sulfate), Thiamine Mononitrate, Enzyme, Riboflavin, Folic Acid}, Water, Yeast, High Fructose Corn Syrup, Contains Less than 2% of: Salt, Soybean Oil, Wheat Gluten, Ascorbic Acid, Enzyme], Fully Refined Soybean Oil), MOZZARELLA CHEESE (Low Moisture Part Skim Mozzarella Cheese [Pasteurized Part Skim Milk, Cheese Cultures, Salt, Enzymes], Natamycin [A Natural Mold Inhibitor]), SAUSAGE GRAVY (Water, Sausage [Fresh Pork, Water, Seasoning [Salt, Spice Extractives On A Dextrose Carrier, Spices, Sugar, Yeast Extract, Disodium Inosinate, Propyl Gallate, Citric Acid And BHT]), Nonfat Dry Milk, Flour (Wheat Flour, Enriched, Bleached (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin And Folic Acid)), Contains Less Than 2% Of The Following: Soybean Oil, Roux (Wheat Flour, Soybean Oil, Maltodextrin, Food Starch - Modified, Palm Oil, Xanthan Gum), Modified Food Starch, Bacon Base (Cooked Bacon (Cured With Water, Salt, Sugar, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrite), Salt, Hydrolyzed Soy Protein, Cooked Bacon Fat (With TBHQ And Citric Acid), Sugar, Dextrose, Yeast Extract, Contains 2% Or Less Of The Following: Ham Flavor (Contains Lactose, Autolyzed Yeast, Salt, Modified Corn Starch, Maltodextrin, Soybean Oil, Gelatin, Natural Flavor, Including Smoke), Potato Starch, Caramel Color, Xanthan Gum, Spice Extractive), Salt, Emulsified (Mono-And Diglycerides Prepared From Fully Hydrogenated Palm Oil), Spice, Red Pepper Sauce (Vinegar, Aged Red Pepper, Salt), Natural Flavor (Maltodextrin, Enzyme Modified Butter Oil, Salt, Dehydrated Butter, Guar Gum, Sodium Bicarbonate, Annatto And Turmeric For Color), Soy Sauce (Water, Wheat, Soybeans, Salt, Less Than 0.10% Sodium Benzoate As A Preservative), Titanium Dioxide, Maltodextrin, Yeast Extract, Sugar, Garlic Powder, Gum (Guar, Xanthan)), SCRAMBLED EGG (Whole Eggs, Whey, Soybean Oil, Nonfat Milk, Contains 1% Or Less Of The Following: Salt, Natural And Artificial Butter Flavor, Xanthan Gum, Citric Acid), CHEESE BLEND (Cheddar Cheese [Pasteurized Milk, Cheese Culture, Salt, Enzymes, Annatto {Color}], Monterey Jack Cheese [Pasteurized Milk, Cheese Culture, Salt, Enzymes], Natamycin [A Natural Mold Inhibitor]), BACON (Pork, Water, Salt, May Contain Sugar, Brown Sugar, Smoke Flavoring, Sodium Phosphates, Sodium Erythorbate, Sodium Ascorbate, Cultured Celery Juice, Lactic Acid Starter Culture, Flavoring, Cherry Powder, Ascorbic Acid, Sodium Nitrite), HAM (Cured With: Water, Salt, Sodium Lactate, Sugar, Sodium Phosphate, Sodium Diacetate, Sodium Erythorbate, Sodium Nitrate), OIL (Fully Refined Soybean Oil), EGG WASH (Whole Eggs, Citric Acid, 0.15% Water [Added As Carrier For Citric Acid], Citric Acid [Added To Preserve Color]), GARLIC SPREAD (Liquid Soybean Oil, Palm Oil, Water, Salt, Contains Less Than 2% of: Whey, Crushed Garlic [Garlic, Citric Acid], Dijon Mustard [Water, Vinegar, Mustard Seed, Salt, White Wine, Fruit Pectin, Citric Acid, Tartaric Acid, Sugar, Spice], Parsley Flakes, Soy Lecithin, Black Pepper, Potassium Sorbate [Preservative], Lemon Juice Powder [Corn Syrup Solids, Lemon Juice Solids, Natural Flavors], Lactic Acid, Artificial Flavor, Calcium Disodium EDTA [Preservative], Vitamin A Palmitate, Beta Carotene [Color]) Contains: Egg, Milk, Soy, Wheat</p>

Mega Meat

PREPARED PIZZA DOUGH (Pizza Dough [Enriched Unbleached Wheat Flour {Wheat Flour, Niacin, Iron (As Ferrous sulfate), Thiamine Mononitrate, Enzyme, Riboflavin, Folic Acid}, Water, Yeast, High Fructose Corn Syrup, Contains Less than 2% of: Salt, Soybean Oil, Wheat Gluten, Ascorbic Acid, Enzyme], Fully Refined Soybean Oil), MOZZARELLA CHEESE (Low Moisture Part Skim Mozzarella Cheese [Pasteurized Part Skim Milk, Cheese Cultures, Salt, Enzymes], Natamycin [A Natural Mold Inhibitor]), PIZZA SAUCE (Tomato Puree [Water, Tomato Paste], Salt, Sugar, Extra Virgin Olive Oil, Spices, Garlic Powder, Ascorbic Acid), SAUSAGE (Pork, Water, Textured Vegetable Protein [Soy Flour, Soy Protein Concentrate, Caramel Color], Spices, Salt, Sodium Phosphates, Sugar, Garlic Powder), BACON (Pork, Water, Salt, May Contain Sugar, Brown Sugar, Smoke Flavoring, Sodium Phosphates, Sodium Erythorbate, Sodium Ascorbate, Cultured Celery Juice, Lactic Acid Starter Culture, Flavoring, Cherry Powder, Ascorbic Acid, Sodium Nitrite), PEPPERONI (Pork, Beef, Salt, Spices, Dextrose, Lactic Acid Starter Culture, Oleoresin Of Paprika, Sodium Ascorbate, Flavoring, Sodium Nitrate, BHA, BHT, Citric Acid), HAM (Cured With: Water, Salt, Sodium Lactate, Sugar, Sodium Phosphate, Sodium Diacetate, Sodium Erythorbate, Sodium Nitrate), OIL (Fully Refined Soybean Oil), EGG WASH (Whole Eggs, Citric Acid, 0.15% Water [Added As Carrier For Citric Acid], Citric Acid [Added To Preserve Color]), GARLIC SPREAD (Liquid Soybean Oil, Palm Oil, Water, Salt, Contains Less Than 2% of: Whey, Crushed Garlic [Garlic, Citric Acid], Dijon Mustard [Water, Vinegar, Mustard Seed, Salt, White Wine, Fruit Pectin, Citric Acid, Tartaric Acid, Sugar, Spice], Parsley Flakes, Soy Lecithin, Black Pepper, Potassium Sorbate [Preservative], Lemon Juice Powder [Corn Syrup Solids, Lemon Juice Solids, Natural Flavors], Lactic Acid, Artificial Flavor, Calcium Disodium EDTA [Preservative], Vitamin A Palmitate, Beta Carotene [Color]) Contains: Egg, Milk, Soy, Wheat

Pepperoni

PREPARED PIZZA DOUGH (Pizza Dough [Enriched Unbleached Wheat Flour {Wheat Flour, Niacin, Iron (As Ferrous sulfate), Thiamine Mononitrate, Enzyme, Riboflavin, Folic Acid}, Water, Yeast, High Fructose Corn Syrup, Contains Less than 2% of: Salt, Soybean Oil, Wheat Gluten, Ascorbic Acid, Enzyme], Fully Refined Soybean Oil), MOZZARELLA CHEESE (Low Moisture Part Skim Mozzarella Cheese [Pasteurized Part Skim Milk, Cheese Cultures, Salt, Enzymes], Natamycin [A Natural Mold Inhibitor]), PIZZA SAUCE (Tomato Puree [Water, Tomato Paste], Salt, Sugar, Extra Virgin Olive Oil, Spices, Garlic Powder, Ascorbic Acid), PEPPERONI (Pork, Beef, Salt, Spices, Dextrose, Lactic Acid Starter Culture, Oleoresin Of Paprika, Sodium Ascorbate, Flavoring, Sodium Nitrate, BHA, BHT, Citric Acid), OIL (Fully Refined Soybean Oil), EGG WASH (Whole Eggs, Citric Acid, 0.15% Water [Added As Carrier For Citric Acid], Citric Acid [Added To Preserve Color]), GARLIC SPREAD (Liquid Soybean Oil, Palm Oil, Water, Salt, Contains Less Than 2% of: Whey, Crushed Garlic [Garlic, Citric Acid], Dijon Mustard [Water, Vinegar, Mustard Seed, Salt, White Wine, Fruit Pectin, Citric Acid, Tartaric Acid, Sugar, Spice], Parsley Flakes, Soy Lecithin, Black Pepper, Potassium Sorbate [Preservative], Lemon Juice Powder [Corn Syrup Solids, Lemon Juice Solids, Natural Flavors], Lactic Acid, Artificial Flavor, Calcium Disodium EDTA [Preservative], Vitamin A Palmitate, Beta Carotene [Color]) Contains: Egg, Milk, Soy, Wheat

Supreme

PREPARED PIZZA DOUGH (Pizza Dough [Enriched Unbleached Wheat Flour {Wheat Flour, Niacin, Iron (As Ferrous sulfate), Thiamine Mononitrate, Enzyme, Riboflavin, Folic Acid}, Water, Yeast, High Fructose Corn Syrup, Contains Less than 2% of: Salt, Soybean Oil, Wheat Gluten, Ascorbic Acid, Enzyme], Fully Refined Soybean Oil), MOZZARELLA CHEESE (Low Moisture Part Skim Mozzarella Cheese [Pasteurized Part Skim Milk, Cheese Cultures, Salt, Enzymes], Natamycin [A Natural Mold Inhibitor]), PIZZA SAUCE (Tomato Puree [Water, Tomato Paste], Salt, Sugar, Extra Virgin Olive Oil, Spices, Garlic Powder, Ascorbic Acid), MUSHROOMS (Mushrooms, Water, Salt, Citric Acid, Ascorbic Acid), ONION (Onion), OLIVES (Ripe Olives, Water, Salt, Ferrous Gluconate [Added To Stabilize Color]), GREEN PEPPERS (Green Peppers), SAUSAGE (Pork, Water, Textured Vegetable Protein [Soy Flour, Soy Protein Concentrate, Caramel Color], Spices, Salt, Sodium Phosphates, Sugar, Garlic Powder), PEPPERONI (Pork, Beef, Salt, Spices, Dextrose, Lactic Acid Starter Culture, Oleoresin Of Paprika, Sodium Ascorbate, Flavoring, Sodium Nitrate, BHA, BHT, Citric Acid), OIL (Fully Refined Soybean Oil), EGG WASH (Whole Eggs, Citric Acid, 0.15% Water [Added As Carrier For Citric Acid], Citric Acid [Added To Preserve Color]), GARLIC SPREAD (Liquid Soybean Oil, Palm Oil, Water, Salt, Contains Less Than 2% of: Whey, Crushed Garlic [Garlic, Citric Acid], Dijon Mustard [Water, Vinegar, Mustard Seed, Salt, White Wine, Fruit Pectin, Citric Acid, Tartaric Acid, Sugar, Spice], Parsley Flakes, Soy Lecithin, Black Pepper, Potassium Sorbate [Preservative], Lemon Juice Powder [Corn Syrup Solids, Lemon Juice Solids, Natural Flavors], Lactic Acid, Artificial Flavor, Calcium Disodium EDTA [Preservative], Vitamin A Palmitate, Beta Carotene [Color]) Contains: Egg, Milk, Soy, Wheat

Chicken Bacon Ranch

PREPARED PIZZA DOUGH (Enriched Unbleached Wheat Flour [Wheat Flour, Niacin, Iron {As Ferrous sulfate}, Thiamine Mononitrate, Enzyme, Riboflavin, Folic Acid], Water, Yeast, High Fructose Corn Syrup, Contains Less than 2% of: Salt, Soybean Oil, Wheat Gluten, Ascorbic Acid, Enzyme], Fully Refined Soybean Oil), MOZZARELLA CHEESE (Low Moisture Part Skim Mozzarella Cheese [Pasteurized Part Skim Milk, Cheese Cultures, Salt, Enzymes], Natamycin [A Natural Mold Inhibitor]), ALFREDO SAUCE (Half and Half (Cream, Milk), Water, Parmesan and Romano Cheeses (Pasteurized Part-Skim Cow's Milk, Cheese Culture, Salt, Enzymes), Butter (Cream [Milk], Salt), Margarine (Soybean Oil, Hydrogenated Soybean Oil, Water, Salt, Contains 2% or Less of Vegetable Mono- and Diglycerides, Soy Lecithin, Sodium Benzoate, Citric Acid, Natural and Artificial Flavor, Calcium Disodium EDTA added to Protect Flavor, Beta Carotene, Vitamin a Palmitate added, Modified Corn Starch, Contains Less than 2% of the Following: Salt, Wheat Flour, Datem, Mono- and Diglycerides, Spice, Garlic Powder, Paprika, Turmeric), CHICKEN (Chicken Breast Meat With Rib Meat, Water, Seasoning (Salt, Gum Arabic, Spices, Dehydrated Garlic, Dextrose, Grill Flavor (From Sunflower Oil), Dehydrated Onion, Spice Extractives), Vinegar, Soy Protein Concentrate, Tapioca Starch, Sodium Phosphates), RANCH DRESSING (Soybean Oil, Water, Cultured Buttermilk, Egg Yolk, Distilled Vinegar, Contains Less Than 2% Of Salt, Monosodium Glutamate, Modified Corn Starch, Buttermilk Solids, Sugar, Garlic, Xanthan Gum, Spice, Citric Acid, Onion, Sorbic Acid (Preservative), Calcium Disodium EDTA (To Protect Flavor), Milk, Natural Flavor, Egg Whites), BACON (Pork, Water, Salt, May Contain Sugar, Brown Sugar, Smoke Flavoring, Sodium Phosphates, Sodium Erythorbate, Sodium Ascorbate, Cultured Celery Juice, Lactic Acid Starter Culture, Flavoring, Cherry Powder, Ascorbic Acid, Sodium Nitrite.), EGG WASH (Whole Eggs, Citric Acid, 0.15% Water (Added As Carrier For Citric Acid), Citric Acid (Added To Preserve Color)), GARLIC SPREAD (Liquid Soybean Oil, Palm Oil, Water, Salt, Contains Less Than 2% of: Whey, Crushed Garlic [Garlic, Citric Acid], Dijon Mustard [Water, Vinegar, Mustard Seed, Salt, White Wine, Fruit Pectin, Citric Acid, Tartaric Acid, Sugar, Spice], Parsley Flakes, Soy Lecithin, Black Pepper, Potassium Sorbate [Preservative], Lemon Juice Powder [Corn Syrup Solids, Lemon Juice Solids, Natural Flavors], Lactic Acid, Artificial Flavor, Calcium Disodium EDTA [Preservative], Vitamin A Palmitate, Beta Carotene [Color]) Contains: Egg, Milk, Soy, Wheat



Wings/Tenders

Nutrition Information

Item	Serving Size (g)	Calories	Calories From Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	
Wing	Mild JUMBO Wings (5 ct)	237	660	423	47	11	0	250	1250	12	0	0	45
	Mild JUMBO Wings (7 ct)	331	920	585	65	16	0	710	1750	18	0	0	63
	Mild JUMBO Wings (9 ct)	426	1180	756	84	20	0	450	2250	22	0	0	81
	Mild JUMBO Wings (12 ct)	568	1580	1008	112	27	0	600	3000	30	0	0	108
	Spicy JUMBO Wings (5 ct)	224	630	396	44	11	0	240	1780	13	0	0	45
	Spicy JUMBO Wings (7 ct)	314	880	558	62	16	0	330	2480	17	0	0	63
	Spicy JUMBO Wings (9 ct)	403	1140	711	79	20	0	425	3190	22	0	0	81
	Spicy JUMBO Wings (12 ct)	538	1520	954	106	27	0	570	4260	30	0	0	108
Tender	Chicken Tenders (5 ct)	369	830	396	44	8	0	150	2450	55	3	3	52
	Chicken Tenders (7 ct)	517	1160	558	62	11	0	210	3430	77	3	3	73
	Chicken Tenders (9 ct)	665	1500	720	80	14	0	270	4410	99	5	5	94
	Chicken Tenders (12 ct)	886	2000	954	106	18	0	360	5880	132	6	6	126



Wings/Tenders

Nutrition Information | *Nutrition Information for Non Fryer Locations

Item	Serving Size (g)	Calories	Calories From Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	
Wing*	Mild JUMBO Wings (5 ct)*	222	520	288	32	9	0	250	1250	12	0	0	45
	Mild JUMBO Wings (7 ct)*	311	730	414	46	12	0	350	1750	18	0	0	63
	Mild JUMBO Wings (9 ct)*	400	940	522	58	16	0	450	2250	22	0	0	81
	Mild JUMBO Wings (12 ct)*	534	1260	702	78	21	0	600	3000	30	0	0	108
	Spicy JUMBO Wings (5 ct)*	210	500	270	30	9	0	235	1770	12	0	0	45
	Spicy JUMBO Wings (7 ct)*	294	700	378	42	12	0	330	2480	17	0	0	63
	Spicy JUMBO Wings (9 ct)*	378	900	486	54	16	0	425	3190	22	0	0	81
	Spicy JUMBO Wings (12 ct)*	504	1200	648	72	21	0	570	4260	30	0	0	108
Tender*	Chicken Tenders (5 ct)*	275	620	243	27	5	0	125	1900	47	3	0	50
	Chicken Tenders (7 ct)*	385	870	342	38	7	0	175	2660	66	4	0	70
	Chicken Tenders (9 ct)*	495	1120	441	49	9	0	225	3420	85	5	0	90
	Chicken Tenders (12 ct)*	660	1500	594	66	12	0	300	4560	114	6	0	120

Ingredient Statement | *Ingredient Statement for Non Fryer Locations

Item		
Wing	Mild JUMBO Wings	Chicken Wing Sections, Water, Salt, Sodium Phosphates, Seasoning (Salt, Maltodextrin, Dried Chicken Broth, 2 % or less of Yeast Extract, Rosemary Extract (antioxidant), Breaded With: Wheat Flour, Water, Modified Corn Starch, Salt, Contains 2% or less: Dried Garlic, Dried Onion, Natural Flavors, Paprika Extract, Spices, Wheat Gluten, Yeast Extract FRIED IN: (Soybean Oil, Hydrogenated Soybean Oil with TBHQ (To Protect Flavor)), Contains: Egg, Soy, Wheat
	Spicy JUMBO Wings	Chicken Wing Sections, Water, Seasoning (Salt, Maltodextrin, Dried Chicken Broth, 2 % or less of Natural Flavors, Dried Onion, Yeast Extract, Rosemary Extract (antioxidant), Sodium Phosphates. Breaded With: Wheat Flour, Wheat Gluten, Modified Food Starch, Sea Salt, Contains 2% or less of : Citric Acid, Dextrose, Dried Garlic, Dried Onion, Natural Flavor, Paprika Extract, Salt, Spices, Yeast Extract, Breeding set in Vegetable Oil, FRIED IN: (Soybean Oil, Hydrogenated Soybean Oil with TBHQ (To Protect Flavor)), Contains: Egg, Soy, Wheat
Tender	Chicken Tenders	CHICKEN TENDER (Boneless Skinless Chicken Breast Strips With Rib Meat Containing: Up to 16% of a Solution of Water, Salt, Sodium Phosphates, and Contains 2% or Less: Chicken Broth, Chicken Fat, Garlic Powder, Lactic Acid, Maltodextrin, Modified Corn Starch, Monosodium Glutamate, Natural Flavors (including extractives of celery seed), Onion Powder, Spice, Sugar, Yeast Extract, BREADED WITH: Wheat Flour, Water, Modified Food Starch, Salt, Contains 2% or Less: Leavening (Baking Soda, Sodium Acid Pyrophosphate, Monocalcium phosphate), Monosodium Glutamate, Natural Flavor, Onion Powder, Spice, Turmeric and Paprika Extract, Wheat Gluten, Yeast Extract, Yellow Corn Flour, Breeding Set in Vegetable Oil), FRIED IN: (Soybean Oil, Hydrogenated Soybean Oil with TBHQ (To Protect Flavor)) Contains: Soy, Wheat
Wing *	Mild JUMBO Wings*	Chicken Wing Sections, Water, Salt, Sodium Phosphates, Seasoning (Salt, Maltodextrin, Dried Chicken Broth, 2 % or less of Yeast Extract, Rosemary Extract (antioxidant), Breaded With: Wheat Flour, Water, Modified Corn Starch, Salt, Contains 2% or less: Dried Garlic, Dried Onion, Natural Flavors, Paprika Extract, Spices, Wheat Gluten, Yeast Extract) Contains: Egg, Soy, Wheat
	Spicy JUMBO Wings*	Chicken Wing Sections, Water, Seasoning (Salt, Maltodextrin, Dried Chicken Broth, 2 % or less of Natural Flavors, Dried Onion, Yeast Extract, Rosemary Extract (antioxidant), Sodium Phosphates. Breaded With: Wheat Flour, Wheat Gluten, Modified Food Starch, Sea Salt, Contains 2% or less of : Citric Acid, Dextrose, Dried Garlic, Dried Onion, Natural Flavor, Paprika Extract, Salt, Spices, Yeast Extract) Breeding set in Vegtable Oil Contains: Egg, Soy, Wheat
Tender*	Chicken Tenders*	Chicken Tenderloins, Water, Salt, Modified Food Starch, Seasonings (Flavors, Maltodextrin, Sugar, Salt, Vegetable Stock (Carrot, Onion, Celery) Garlic Powder), Sodium Phosphates, Soy Protein Concentrate, BREADED WITH: Wheat Flour, Water, Contains 2% or less: Dextrose, Disodium inosinate, Disodium Guanylate, Extractives of Paprika and Turmeric, Garlic Powder, Leavening (Sodium Bicarbonate, Sodium Acid Pyrophosphate, Sodium Aluminum Phosphate, Monocalcium Phosphate), Onion Powder, Salt, Spices, Wheat Gluten, Breeding Set in Vegetable Oil Contains: Soy, Wheat



Hot Food

Nutrition Information | *Available only in select locations

	Item	Serving Size (g)	Calories	Calories From Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Breakfast Sandwiches/Burritos	Sausage, Egg & Cheese Waffler	221	740	459	51	19	0	245	1170	43	1	14	28
	Steak, Egg & Cheese Hoagie	231	530	234	26	11	0	230	1550	44	0	8	28
	Biscuit	83	300	153	17	16	0	0	930	34	1	3	4
	Bacon, Egg & Cheese French Toast	179	490	243	27	8	0	260	1050	39	1	14	22
	Jumbo Chicken Biscuit	246	650	216	24	17	0	70	2240	54	2	3	28
	Sausage, Egg & Cheese Biscuit	224	670	432	48	27	0	220	1660	35	1	3	26
	Sausage, Egg & Cheese Croissant	211	610	369	41	16	0	220	980	33	1	5	27
	Biscuits & Gravy (2pc)	336	770	396	44	35	0	15	2540	82	2	13	16
	Jumbo Sausage & Bacon Breakfast Burrito	318	840	441	49	18	0	265	1970	63	2	3	36
Jumbo Chorizo Breakfast Burrito	342	900	495	55	20	0	275	2100	66	4	4	31	
Lunch/Dinner Sides	Brown Gravy	63	30	18	2	0.5	0	0	358	4	0	0	1
	Green Beans	84	70	54	6	2	0	0	110	5	2	1	1
	Macaroni & Cheese	133	240	108	12	6	0	20	610	25	1	3	8
	Mashed Potatoes	147	210	126	14	8	0	30	550	16	2	2	3
	Potato Wedges	173	290	135	15	4.5	0	0	550	36	4	2	4
	Tater Tots	117	240	135	15	3.5	0	0	450	24	3	1	3



Hot Food

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Entrées	Meatloaf (2 pc)	324	730	378	42	16	0	100	1840	55	4	40	36
	Fish Entrée (2 pc)	238	510	144	16	2.5	0	50	880	56	2	0	34
	Steak & Gravy	255	440	306	34	13	0	130	940	7	1	1	35
	Roasted Half Chicken	252	540	270	30	8	0	195	1830	6	0	3	60
Grab & Go Items	Burrito, Beef & Bean (1 ea)	120	380	189	21	6	0	15	330	35	2	1	9
	Chicken Tender (5 ct)	364	910	441	49	8	0	110	1900	67	3	0	50
	Mild JUMBO Wings (5 ct)	237	660	423	47	11	0	250	1250	12	0	0	45
	Spicy JUMBO Wings (5 ct)	224	630	396	44	11	0	240	1780	13	0	0	45
	Sriracha Hot Wings (5 ct)	228	630	396	44	11	0	240	2080	13	0	0	45
	Classic Double Steak Burger	255	730	432	48	20	2	170	1480	33	0	7	47
	Classic Steak Burger	159	460	234	26	10	0	85	880	32	0	6	27
	Corn Dog (1 ea) (fried)	115	295	153	17	5	0	45	700	27	1	9	10
	Egg Rolls (2 ea) (fried)	176	410	216	24	6	0	20	980	40	4	6	14
	Meat Pie (1 ea)	51	340	170	19	6	0	40	350	28	1	1	12
	Apple Turnover (1 ea)	90	230	99	11	2.5	0	0	135	29	1	5	3
	Southern Chicken Sandwich	237	550	108	12	1.5	0	70	1730	51	1	5	31
	Spicy Chicken Sandwich	259	630	279	31	9	0	90	1840	51	1	5	36
	Seasoned & Breaded Fish Sandwich	211	520	162	18	5	0	45	1190	51	1	5	36

Ingredient Statement | *Available only in select locations

Item

Sausage, Egg & Cheese Waffler

WAFFLE (Wheat Flour, Margarine (Palm Oil, Soybean Oil, Water, Salt, Soy Lecithin, Natural Flavor [Milk], Vitamin A Palmitate, Beta Carotene [Color], Sugar, Water, Whole Eggs, Invert Sugar, Soy Flour, Natural Flavor, Maple Syrup, Salt, Instant Yeast (Yeast, Sorbitan Monostearate, Ascorbic Acid), Soy Lecithin), EGG PATTY (Egg Whites, Egg Yolks, Water, Soybean Oil, Contains 2% Or Less of the Following: Modified Corn Starch, Dicalcium Phosphate, Sodium Bicarbonate, Black Pepper, Salt, Natural Butter Flavor, Cellulose Gum, Xanthan Gum, Citric Acid), SAUSAGE PATTY (Pork, Water, Corn Syrup Solids, Sage, Sodium Phosphates, Red Pepper, Monosodium Glutamate, Caramel Color), CHEDDAR CHEESE (Pasteurized Milk, Cheese Culture, Salt, Enzymes, Color Added) Contains: Egg, Milk, Soy, Wheat

Biscuit

BISCUIT (Enriched Unbleached Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Enzyme, Riboflavin, Folic Acid), Hydrogenated Palm Kernel Oil, Whey (A Milk Derivative), Buttermilk, Leavening (Sodium Aluminum Phosphate, Baking Soda, Sodium Acid Pyrophosphate, Monocalcium Phosphate, Skim Milk, Soybean Oil, Contains Less Than 2% Of The Following: Water, Sugar, Salt, Modified Corn Starch, Artificial Flavor, Soy Lecithin (An Emulsifier) Contains: Egg, Milk, Sesame, Soy, Wheat

Breakfast Entrees / Sides

Bacon, Egg & Cheese French Toast

CINNAMON SWIRL FRENCH TOAST ROUND (Bread Enriched Flour [Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Sugar, Wheat Flour, Soybean Oil With Citric Acid Preservative, Eggs, Contains 2% Or Less Of The Following: Cinnamon, Salt, Yeast, Sorbitan Monsterate, Corn Starch, Calcium Sulfate, Enzymes, Ascorbic Acid (Added As A Dough Conditioner, Egg Mix: Whole Eggs, Whey, Sugar, Nonfat Milk, Contains 2% Or Less Of The Following: Soybean Oil, Natural Vanilla Flavor, Salt, Xanthan Gum, Natural Butter Flavor, Citric Acid), FRIED EGG PATTY (Egg Whites, Egg Yolks, Water, Soybean Oil, Contains 2% Or Less Than Of The Following: Modified Corn Starch, Dicalcium Phosphate, Sodium Bicarbonate, Black Pepper, Salt, Natural Butter Flavor, Cellulose Gum, Xanthan Gum, Citric Acid, AMERICAN CHEESE(Milk, Cream, Water, Sodium Citrate, Salt, Cheese Culture, Sorbic Acid [Preservative], Citric Acid, Enzymes, Soy Lecithin, Color Added), BACON SLICES (Cured With: Water, Salt, Sugar, Sodium Phosphate, Sodium Erythorbate, and Sodium Nitrite), May Contain Smoke Flavoring Contains: Egg, Milk, Soy, Wheat

Biscuits & Gravy (2pc)

BISCUIT (Enriched Unbleached Wheat Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Enzyme, Riboflavin, Folic Acid], Hydrogenated Palm Kernel Oil, Whey [A Milk Derivative], Buttermilk, Leavening [Sodium Aluminum Phosphate, Baking Soda, Sodium Acid Pyrophosphate, Monocalcium Phosphate, Skim Milk, Soybean Oil, Contains Less Than 2% Of The Following: Water, Sugar, Salt, Modified Corn Starch, Artificial Flavor, Soy Lecithin {An Emulsifier}], SAUSAGE GRAVY (Water, Sausage [Fresh Pork, Water, Seasoning {Salt, Spice Extractives On A Dextrose Carrier, Spices, Sugar, Yeast Extract, Disodium Inosinate, Propyl Gallate, Citric Acid And BHT}], Nonfat Dry Milk, Flour [Wheat Flour, Enriched, Bleached {Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin And Folic Acid}], Contains Less Than 2% Of The Following: Soybean Oil, Roux [Wheat Flour, Soybean Oil, Maltodextrin, Food Starch - Modified, Palm Oil, Xanthan Gum], Modified Food Starch, Bacon Base [Cooked Bacon {Cured With Water, Salt, Sugar, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrite}, Salt, Hydrolyzed Soy Protein, Cooked Bacon Fat {With TBHQ And Citric Acid}, Sugar, Dextrose, Yeast Extract, Contains 2% Or Less Of The Following: Ham Flavor {Contains Lactose, Autolyzed Yeast, Salt, Modified Corn Starch, Maltodextrin, Soybean Oil, Gelatin, Natural Flavor, Including Smoke}, Potato Starch, Caramel Color, Xanthan Gum, Spice Extractive], Salt, Emulsified [Mono-And Diglycerides Prepared From Fully Hydrogenated Palm Oil], Spice, Red Pepper Sauce [Vinegar, Aged Red Pepper, Salt], Natural Flavor [Maltodextrin, Enzyme Modified Butter Oil, Salt, Dehydrated Butter, Guar Gum, Sodium Bicarbonate, Annatto And Turmeric For Color], Soy Sauce [Water, Wheat, Soybeans, Salt, Less Than 0.10% Sodium Benzoate As A Preservative], Titanium Dioxide, Maltodextrin, Yeast Extract, Sugar, Garlic Powder, Xanthan Gum, Gum [Guar, Xanthan]) Contains: Egg, Milk, Sesame, Soy, Wheat

Jumbo Chicken Biscuit

CRISPY CHICKEN FILET (Boneless, Skinless Chicken Breast Filets with Rib Meat Containing: Up to 14.94% of a Solution of Water, Salt, Modified Food Starch, Sodium Phosphates, Disodium Inosinate, Disodium Guanylate, BREADED WITH: Wheat Flour, Water, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Modified Food Starch, Salt, Contains 2% or Less of: Yellow Corn Flour, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Monocalcium Phosphate), Wheat Gluten, Garlic Powder, Onion Powder, Yeast Extract, Sugar, Spices, Butter Oil, Breeding Set in Vegetable Oil), FRIED IN: (Soybean Oil, Hydrogenated Soybean Oil with TBHQ (To Protect Flavor) BISCUIT (Enriched Unbleached Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Enzyme, Riboflavin, Folic Acid), Hydrogenated Palm Kernel Oil, Whey (A Milk Derivative), Buttermilk, Leavening (Sodium Aluminum Phosphate, Baking Soda, Sodium Acid Pyrophosphate, Monocalcium Phosphate, Skim Milk, Soybean Oil, Contains Less Than 2% Of The Following: Water, Sugar, Salt, Modified Corn Starch, Artificial Flavor, Soy Lecithin (An Emulsifier)) Contains: Egg, Milk, Sesame, Soy, Wheat

Jumbo Sausage & Bacon Breakfast Burrito

TORTILLA (Enriched Wheat Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Palm Oil, Contains 2% Or less Of: Tortilla Mix [Salt, Vital Wheat Gluten, Leavening (Sodium Bicarbonate, Sodium Aluminum Sulfate, Sodium Aluminum Phosphate), Preservative {Calcium Propionate}, Dextrose, Dough Conditioners {Monoglycerides, Mono And Diglycerides, Enzymes And Sodium Metabisulfite}, Fumaric Acid, Guar Gum And Sorbic Acid]), TATER TOTS (Potatoes, Vegetable Oil (Contains One Or More Of The Following: Canola, Palm, Soybean, Sunflower), Salt, Corn Flour, Dehydrated Potato, Disodium Dihydrogen Pyrophosphate [To Promote Color Retention], Dextrose), FRIED IN: (Soybean Oil, Hydrogenated Soybean Oil with TBHQ (To Protect Flavor), SCRAMBLED EGG (Whole Eggs, Whey, Soybean Oil, Nonfat Milk, Contains 1% Or Less Of The Following: Salt, Natural And Artificial Butter Flavor, Xanthan Gum, Citric Acid), SAUSAGE PATTY (Pork, Water, Corn Syrup Solids, Sage, Sodium Phosphates, Red Pepper, Monosodium Glutamate, Caramel Color), CHEESE BLEND (Cheddar Cheese [Pasteurized Milk, Cheese Culture, Salt, Enzymes, Annatto {Color}], Monterey Jack Cheese {Pasteurized Milk, Cheese Culture, Salt, Enzymes}, Natamycin {A Natural Mold Inhibitor}), BACON (Pork, Water, Salt, May Contain Sugar, Brown Sugar, Smoke Flavoring, Sodium Phosphates, Sodium Erythorbate, Sodium Ascorbate, Cultured Celery Juice, Lactic Acid Starter Culture, Flavoring, Cherry Powder, Ascorbic Acid, Sodium Nitrite), Contains: Egg, Milk, Soy, Wheat

Sausage, Egg & Cheese Biscuit

BISCUIT (Enriched Unbleached Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Enzyme, Riboflavin, Folic Acid, Hydrogenated Palm Kernel Oil, Whey (A Milk Derivative), Buttermilk, Leavening Sodium, Aluminum Phosphate, Baking Soda, Sodium Acid Pyrophosphate, Monocalcium Phosphate, Skim Milk, Soybean Oil, Contains Less Than 2% Of The Following: Water, Sugar, Salt, Modified Corn Starch, Artificial Flavor, Soy Lecithin), FRIED EGG PATTY (Egg Whites, Egg Yolks, Water, Soybean Oil, Contains 2% Or Less Than Of The Following: Modified Corn Starch, Dicalcium Phosphate, Sodium Bicarbonate, Black Pepper, Salt, Natural Butter Flavor, Cellulose Gum, Citric Acid), SAUSAGE PATTY (Pork, Water, Corn Syrup Solids, Sage, Sodium Phosphates, Red Pepper, Monosodium Glutamate and Caramel Color), CHEDDAR CHEESE (Pasteurized Milk, Cheese Cultures, Salt Enzymes, Annatto) Contains: Egg, Milk, Sesame, Soy, Wheat

Jumbo Chorizo Breakfast Burrito*

TORTILLA (Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Palm Oil, Contains 2% Or less Of: Tortilla Mix (Salt, Vital Wheat Gluten, Leavening (Sodium Bicarbonate, Sodium Aluminum Sulfate, Sodium Aluminum Phosphate), Preservative (Calcium Propionate), Dextrose, Dough Conditioners (Monoglycerides, Mono And Diglycerides, Enzymes And Sodium Metabisulfite), Fumaric Acid, Guar Gum And Sorbic Acid)), CHORIZO CRUMBLE (Pork, Water, Smoked Paprika, Salt, Sugar, Spice, Natural Flavors, Garlic Powder, Dehydrated Garlic, Paprika Oleoresin (color), Yeast Extract), SCRAMBLED EGG (Whole Eggs, Whey, Soybean Oil, Nonfat Milk, Contains 1% Or Less Of The Following: Salt, Natural And Artificial Butter Flavor, Xanthan Gum, Citric Acid), TATER TOTS (Potatoes, Vegetable Oil (Contains One or More of the Following: Canola, Palm, Soybean, Sunflower), Salt, Corn Flour, Dehydrated Potato, Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose), FRIED IN: (Soybean Oil, Hydrogenated Soybean Oil with TBHQ (To Protect Flavor), CHEESE BLEND (Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes, Annatto (Color), Monterey Jack Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes), Natamycin (A Natural Mold Inhibitor)), SLICED JALAPENO (Jalapeno Peppers, Water, Vinegar, Salt, Calcium Chloride, Sodium Benzoate (Preservative), Sodium Metabisulfite (Preservative), Yellow 5) Contains: Egg, Milk, Soy, Wheat

Steak, Egg & Cheese Hoagie

HOAGIE ROLL (Unbleached Enriched Flour [Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid], Water, Sugar, Yeast, Contains 2% or Less of Each of the Following: Salt, Wheat Gluten, Soybean Oil, Yellow Cornmeal, Fermented Wheat Flour, Dough Conditioners [Contains One or More of the Following: Sodium Stearoyl Lactylate, Calcium Stearoyl Lactylate, Monoglycerides, Mono- and Diglycerides, Distilled Monoglycerides, Calcium Peroxide, Calcium Iodate, DATEM, Ethoxylated Mono- and Diglycerides, Enzymes, Ascorbic Acid], Sesame Flour, Calcium Propionate [Preservative], SCRAMBLED EGG (Whole Eggs, Whey, Soybean Oil, Nonfat Milk, Contains 1% Or Less Of The Following: Salt, Natural And Artificial Butter Flavor, Xanthan Gum, Citric Acid), SLICED BEEF STEAK (Beef, Water, Dextrose, Sodium Phosphate, Modified Corn Starch, Salt, Autolyzed Yeast, Hydrolyzed Corn Protein, Coated With Dextrose, Sodium Citrate, Salt, Caramel Color, Sodium Diacetate, Spices, Flavoring (Garlic And Onion Powder), Paprika, Hydrolyzed Corn Protein, Maltodextrin, Grill Flavor (From Sunflower Oil), Modified Corn Starch, Corn Syrup Solids, Natural Smoke Flavor, Guar Gum), AMERICAN CHEESE (Milk, Cream, Water, Sodium Citrate, Salt, Cheese Culture, Sorbic Acid [Preservative], Citric Acid, Enzymes, Soy Lecithin, Color Added) Contains: Egg, Milk, Sesame, Soy, Wheat

Sausage, Egg & Cheese Croissant

CROISSANT (Enriched Flour [Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid], Water, Margarine [Palm Oil, Water, Soybean Oil, Sugar, Soy Lecithin, Mono and Diglycerides, Potassium Sorbate and Citric Acid {Preservatives}, Natural Flavor, Beta Carotene Color, Vitamin A Palmitate], Sugar, Yeast, Contains 2% or less of the following: Salt, Whey, Natural and Artificial Flavor, Modified Corn Starch, Calcium Propionate [Preservative], Ascorbic Acid, Enzymes), FRIED EGG PATTY (Egg Whites, Egg Yolks, Water, Soybean Oil, Contains 2% Or Less Than Of The Following: Modified Corn Starch, Dicalcium Phosphate, Sodium Bicarbonate, Black Pepper, Salt, Natural Butter Flavor, Cellulose Gum, Xanthan Gum, Citric Acid), SAUSAGE PATTY (Pork, Water, Corn Syrup Solids, Sage, Sodium Phosphates, Red Pepper, Monosodium Glutamate, Caramel Color), CHEDDAR CHEESE (Pasteurized Milk, Cheese Culture, Salt, Enzymes, Color Added) Contains: Egg, Milk, Soy, Wheat

Sides

Brown Gravy	Water, Roasted Beef And Beef Juices, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Food Starch-Modified, Salt, Onion Powder, Hydrolyzed Corn Gluten, Wheat Protein And Soy Protein, Sugar, Caramel Color, Disodium Inosinate, Disodium Guanylate, Flavoring Contains: Soy, Wheat
Green Beans	GREEN BEANS (Cut Green Beans), GARLIC BUTTER (Liquid Soybean Oil, Palm Oil, Water, Salt, Contains Less Than 2% Of: Whey, Crushed Garlic [Garlic, Citric Acid], Dijon Mustard [Water, Vinegar, Mustard Seed, Salt, White Wine, Fruit Pectin, Citric Acid, Tartaric Acid, Sugar, Spice], Parsley Flakes, Soy Lecithin, Black Pepper, Potassium Sorbate [Preservative], Lemon Juice Powder (Corn Syrup Solids, Lemon Juice Solids, Natural Flavors), Lactic Acid, Artificial Flavor, Calcium Disodium EDTA [Preservative], Vitamin A Palmitate, Beta Carotene [Color]) Contains: Milk, Soy
Macaroni and Cheese	MACARONI AND CHEESE (ELBOW MACARONI [{Cooked} Pure Durum Semolina, Niacin, Ferrous Sulfate Iron], Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Pasteurized Processed Cheese Spread (American Cheese [Milk, Cheese Culture, Salt, Enzymes], Water, Whey, Sodium Phosphate, Whey Protein Concentrate, Skim Milk, Salt, Milkfat, Artificial Color), MARGARINE (Palm Oil And Soybean Oil, Water, Salt, Whey [Milk], Mono And Diglycerides, Soybean Lecithin [Soy], Sodium Benzoate Added As A Preservative, Colored With Beta Carotene, Artificial Butter Flavor, Vitamin A Palmitate Added), Contains Less Than 2% Of The Following: Maltodextrin, Modified Food Starch, Salt, Soybean Oil, Natural Cheddar Cheese Flavor (Cheddar Cheese [Pasteurized Milk, Cultures, Salt And Enzymes], Water, Parmesan Cheese [Pasteurized Milk, Cultures, Salt And Enzymes], Yeast Extract, Salt, Natural Flavors, Sodium Phosphate, Sodium Citrate, Xanthan Gum, And Potassium Sorbate), Xanthan Gum, Propylene Glycol Alginate, Paprika Oleoresin [Refined Soybean Oil, Natural Extractives of Paprika]), Contains: Milk, Soy, Wheat
Mashed Potatoes	MASHED POTATOES (Potatoes, Skim Milk, Butter [Cream, Salt], Whole Milk, Salt, Disodium Pyrophosphate [Added To Maintain Color], Potassium Sorbate [Added To Maintain Freshness], Spice), GARLIC BUTTER (Liquid Soybean Oil, Palm Oil, Water, Salt, Contains Less Than 2% Of: Whey, Crushed Garlic [Garlic, Citric Acid], Dijon Mustard [Water, Vinegar, Mustard Seed, Salt, White Wine, Fruit Pectin, Citric Acid, Tartaric Acid, Sugar, Spice], Parsley Flakes, Soy Lecithin, Black Pepper, Potassium Sorbate [Preservative], Lemon Juice Powder [Corn Syrup Solids, Lemon Juice Solids, Natural Flavors], Lactic Acid, Artificial Flavor, Calcium Disodium EDTA [Preservative], Vitamin A Palmitate, Beta Carotene [Color]) Contains: Milk, Soy
Potato Wedge	Potatoes, Vegetable Oil [Soybean, Canola, Cottonseed, And/Or Sunflower], Enriched Flour [Bleached Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Contains Less Than 2% Of Cellulose Gum, Color [Paprika Oleoresin, Turmeric Oleoresin], Degermed Yellow Corn Meal, Dextrose, Food Starch-Modified, Garlic Powder, Onion Powder, Rice Flour, Salt, Spices, Disodium Dihydrogen Pyrophosphate [To Maintain Natural Color]), Fryer Liquid (Soybean Oil, Hydrogenated Soybean Oil With Tbhq Added To Help Protect Flavor, Dimethylpolysiloxane [An Antifoaming Agent] Added) Contains: Soy, Wheat

Lunch / Dinner Entrées

Steak and Gravy

BEEF PATTY (Beef, Seasoning Salt, Dextrose, Natural Flavors, Spice, Natural Flavoring), BROWN GRAVY (Water, Roasted Beef And Beef Juices, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, And Folic Acid), Food Starch (Modified), Salt, Onion Powder, Hydrolyzed Corn, Wheat And Soy Protein, Sugar, Caramel Color, Soybean Oil, Disodium Inosinate, Disodium Guanylate, Flavoring), ONION Contains: Soy, Wheat

Fish Entrée

COD FILLET (Cod, Bleached Wheat Flour, Water, Enriched Wheat Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Modified Food Starch, White Corn Flour, Salt, Dextrose, Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate), Yeast, Sugar, Spices, Natural Flavor, Guar Gum), FRIED IN: (Soybean Oil, Hydrogenated Soybean Oil with TBHQ (To Protect Flavor) Contains: Soy, Wheat, Fish (Cod)

Roasted Half Chicken

Chicken, Water. Contains 2% Or Less Of Salt, Brown Sugar, Maltodextrin, Yeast Extract, Garlic Powder, Onion Powder, Carrageenan, Natural Butter Flavor, Chicken Fat, Sunflower Oil, Concentrated Orange Juice, Grape Juice Concentrate, Citric Acid, Chicken Powder, Flavors, Modified Corn Starch, Ascorbic Acid, Natural Flavor, Chicken Broth, Spices. Coated With: Salt, Maltodextrin, Spices, Onion Powder, Garlic Powder, Paprika, Parsley, Extractives Of Paprika, And Flavoring Contains: Milk

Meatloaf

MEATLOAF (Beef, Onions, Water, Ketchup [Tomato Concentrate, Distilled Vinegar, High Fructose Corn Syrup, Corn Syrup, Salt, Spice, Onion Powder, Natural Flavoring], Textured Soy Flour, Green Peppers, Breadcrumbs [Bleached Wheat Flour, Sugar, Salt, Yeast, Canola Oil], Egg Whites, Potato Extract, Natural Flavoring, Nonfat Dried Milk, Salt, Parsley), KETCHUP [Tomato Concentrate From Red Ripe Tomatoes, Distilled Vinegar, High Fructose Corn Syrup, Corn Syrup, Salt, Spice, Onion Powder, Natural Flavoring], BROWN SUGAR [Sugar, Molasses] Contains:Egg, Milk, Soy, Wheat

Burrito, Beef & Bean

Water, Enriched Wheat Flour [Enriched with Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid] Beef Beans Vegetable Oil [Soybean, Canola, Palm and/or Corn Oil] Contains 2% or less Textured Vegetable Protein [Soy Flour, Caramel Color], Isolated Pea Product, Salt, Chili Pepper, Dough Conditioners [Yeast, Wheat Gluten, Sugar, Guar Gum, Food Starch, Sodium Metabisulfite], Spices, Flavor, Savory Flavor [Yeast Extract, Soy Sauce {Wheat, Soybeans, Salt}, Maltodextrin, Lactic Acid, Calcium Lactate, Salt], FRIED IN: (Soybean Oil, Hydrogenated Soybean Oil with TBHQ [To Protect Flavor]) Contains: Soy, Wheat

Chicken Tender

Chicken Tenders (Chicken Breast Tenderloins Containing Up To 15% Of A Solution Of Chicken Broth, Soy Protein Concentrate, Sodium Phosphates, Sugar, Salt, Flavorings. Breaded With: Wheat Flour, Salt, Leavening [Sodium Bicarbonate, Sodium Aluminum Phosphate, Monocalcium Phosphate], Wheat Gluten, Spices, Garlic Powder, Onion Powder, Natural Flavor, Battered With: Water, Wheat Flour, Salt, Leavening [Sodium Bicarbonate, Sodium Acid Pyrophosphate, Sodium Aluminum Phosphate, Monocalcium Phosphate], Disodium Inosinate And Disodium Guanylate, Predusted With: Wheat Flour, Wheat Gluten, Salt. Breeding Set In Vegetable Oil) Fryer Liquid (Soybean Oil, Hydrogenated Soybean Oil With Tbhq [Added To Help Protect Flavor] Dimethylpolysiloxane [An Antifoaming Agent Added]) Contains: Soy, Wheat

Classic Double Steak Burger

STEAK BURGER PATTY (Beef, Seasonings (Salt, Dextrose, Natural Flavors, Spice), Natural Flavoring), BUN (Unbleached Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Yeast, Fully Refined Soybean Oil, Granulated Sugar, Wheat Gluten, Salt, Honey, Dough Improver (Malted Wheat Flour, Enzymes And 2% Or Less Of Ascorbic Acid), Calcium Propionate (To Retain Freshness), Vegetable Proteins, Vegetable Oil, Dextrose, Maltodextrins, Starch, Natural Flavor, Yellow Corn Flour, Turmeric And Annatto Extracts (Color), Calcium Sulfate, Enzymes), AMERICAN CHEESE (Cultured Milk And Skim Milk, Water, Cream, Sodium Citrate, Salt, Sodium Phosphate, Sorbic Acid (Preservative), Artificial Color, Acetic Acid, Enzymes, Lecithin) Contains: Milk, Sesame, Soy, Wheat

Classic Steak Burger

STEAK BURGER PATTY (Beef, Seasonings [Salt, Dextrose, Natural Flavors, Spice], Natural Flavoring), BUN (Unbleached Enriched Flour [Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Yeast, Fully Refined Soybean Oil, Granulated Sugar, Wheat Gluten, Salt, Honey, Dough Improver [Malted Wheat Flour, Enzymes And 2% Or Less Of Ascorbic Acid], Calcium Propionate [To Retain Freshness], Vegetable Proteins, Vegetable Oil, Dextrose, Maltodextrins, Starch, Natural Flavor, Yellow Corn Flour, Turmeric And Annatto Extracts [Color], Calcium Sulfate, Enzymes), AMERICAN CHEESE (Cultured Milk And Skim Milk, Water, Cream, Sodium Citrate, Salt, Sodium Phosphate, Sorbic Acid [Preservative], Artificial Color, Acetic Acid, Enzymes, Lecithin) Contains: Milk, Sesame, Soy, Wheat

Corn Dog (fried)

Batter Ingredients: Water, Enriched Flour {Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid}, Sugar, Yellow Corn Flour, Enriched Degermed Yellow Corn Meal {Yellow Corn Meal, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid}, Soy Flour, Contains Less than 2% of: Leavening {Sodium Acid Pyrophosphate, Sodium Bicarbonate}, Soybean Oil, Salt, Egg Yolk, Potato Flour, Egg White, Dried Honey, Artificial Flavor], Fried In Vegetable Oil, [Chicken Frank Ingredients: Mechanically Separated Chicken, Water, Salt, Contains 2% or Less of: Corn Syrup Solids, Potassium Lactate, Potassium Acetate, Spices, Sodium Phosphate, Sodium Diacetate, Flavorings, Sodium Erythorbate, Sodium Nitrite]), Fried in: Soybean Oil and Hydrogenated Soybean Oil with TBHQ (To Protect Flavor) Contains: Egg, Soy, Wheat

Egg Roll

Cabbage, Enriched Flour [Bleached Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Malted Barley Flour), Pork, Water, Carrots, Celery, Textured Soy Protein (Textured Soy Flour, Zinc Oxide, Niacinamide, Ferrous Sulfate, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Thiamine Mononitrate [Vitamin B1], Pyridoxine Hydrochloride [Vitamin B6], Riboflavin [Vitamin B2], Cyanocobalamin [Vitamin B12]), Onion, Enriched Durum Flour (Wheat Flour, Niacin, Ferrous Sulfate, Thiamin Mononitrate, Riboflavin, Folic Acid), Contains 2% Or Less Of: Salt, Sugar, Monosodium Glutamate, Vegetable Oil (Cottonseed And/Or Canola Oil), Anchovy Fish Extract, Wheat Gluten, Spice, Eggs, Cornstarch. Fried In Vegetable Oil [Cottonseed And/Or Canola Oil]), FRIED IN: (Soybean Oil, Hydrogenated Soybean Oil with TBHQ (To Protect Flavor)) Contains: Egg, Fish (Anchovy), Soy, Wheat

Mild JUMBO Wing

Chicken Wing Sections, Water, Salt, Sodium Phosphates, Seasoning (Salt, Maltodextrin, Dried Chicken Broth, 2 % or less of Yeast Extract, Rosemary Extract (antioxidant), Breaded With: Wheat Flour, Water, Modified Corn Starch, Salt, Contains 2% or less: Dried Garlic, Dried Onion, Natural Flavors, Paprika Extract, Spices, Wheat Gluten, Yeast Extract, FRIED IN: (Soybean Oil, Hydrogenated Soybean Oil with TBHQ (To Protect Flavor)), Contains: Egg, Soy, Wheat FRIED IN: (Soybean Oil, Hydrogenated Soybean Oil with TBHQ (To Protect Flavor)), Contains: Egg, Soy, Wheat

Spicy JUMBO Wing

Chicken Wing Sections, Water, Seasoning (Salt, Maltodextrin, Dried Chicken Broth, Natural Flavor, Monosodium Glutamate, Dried Onion), Sodium Phosphates. Breaded With: Wheat Flour, Modified Corn Starch, Wheat Gluten, Salt, Soy Flour, Monosodium Glutamate, Dried Egg Whites, Red Chilli Peppers, Hydrolyzed Corn Protein, Dried Onion, Dried Garlic, Spices, Spice Extract, Citric Acid, Paprika Oleoresin, Dextrose, Yeast Extract. FRIED IN: (Soybean Oil, Hydrogenated Soybean Oil with TBHQ (To Protect Flavor)), Contains: Egg, Soy, Wheat

Sriracha Hot Wing	SPICY CHICKEN WING (Chicken Wing Sections, Water, Seasoning (Salt, Maltodextrin, Dried Chicken Broth, Natural Flavor, Monosodium Glutamate, Dried Onion), Sodium Phosphates, BREADED WITH: Wheat Flour, Modified Corn Starch, Wheat Gluten, Salt, Soy Flour, Monosodium Glutamate, Dried Egg Whites, Red Chili Peppers, Hydrolyzed Corn Protein, Dried Onion, Dried Garlic, Spices, Spice Extract, Citric Acid, Paprika Oleoresin, Dextrose, Yeast Extract), FRIED IN: (Soybean Oil, Hydrogenated Soybean Oil with TBHQ (To Protect Flavor)), SRIRACHA SEASONING (Spices [Including Paprika], Sugar, Salt, Garlic, Citric Acid, Corn Maltodextrin, Cayenne Pepper Sauce (Salt, Aged Cayenne Red Peppers, Vinegar, Garlic), Extractives of Paprika, Calcium Silicate & Silicon Dioxide (To Make Free Flowing) Natural Flavor & Vinegar Solids) Contains: Egg, Soy, Wheat
Meat Pie	MEAT PIE (Dough (All Purpose Enriched Flour Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid, Water, Pie Shortening, Palm Oil and Soy Oil With Mono And Diglycerides Added, Eggs, Egg Whites, Citric Acid, 0.15% Water Added As A Carrier For Citric Acid, Citric Acid Added To Preserve Color, Salt, Sweet Dairy Whey Milk), Beef, Pork, Water, Yellow Onion, All Purpose Flour Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid, Green Onions, Salt, Garlic, Crushed Red Pepper, Parsley And Ground Red Pepper), Fried In: (Soybean Oil, Hydrogenated Soybean Oil With TBHQ (Added To Help Protect Flavor), Dimethylpolysiloxane (An Antifoaming Agent Added)) Contains: Egg, Milk, Soy, Wheat
Apple Turnover	PASTRY: Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Oil (Soybean, Canola, Palm and/or Corn Oil), Sugar, Batter Mix (Enriched Wheat Flour [Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Corn Flour, Dextrose, Corn Starch, Sugar, Tapioca Dextrin, Eggs, Skimmed Milk, Salt, Leavening [Sodium Aluminum Phosphate, Sodium Bicarbonate], Modified Corn Starch, Natural And Artificial Flavors, Spice, Sucralose, Guar Gum, Spice Extractive), FILLING: Apples (With Salt, Ascorbic Acid, Citric Acid), Apple Juice Concentrate, Modified Food Starch, Lemon Juice (Filtered Water, Lemon Juice Concentrate, Sodium Benzoate And Sodium Bisulfite As Preservatives), Salt, Artificial Vanilla Flavor (Water, Propylene Glycol, Caramel Color, Artificial Flavor), Cinnamon, Guar Gum), FRIED IN: (Soybean Oil, Hydrogenated Soybean Oil with TBHQ (To Protect Flavor)) Contains: Egg, Milk, Soy, Wheat
Southern Chicken Sandwich	CRISPY CHICKEN FILET (Boneless, Skinless Chicken Breast Filets with Rib Meat Containing: Up to 14.94% of a Solution of Water, Salt, Modified Food Starch, Sodium Phosphates, Disodium Inosinate, Disodium Guanylate, BREADED WITH: Wheat Flour, Water, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Modified Food Starch, Salt, Contains 2% or Less of: Yellow Corn Flour, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Monocalcium Phosphate), Wheat Gluten, Garlic Powder, Onion Powder, Yeast Extract, Sugar, Spices, Butter Oil, Breeding Set in Vegetable Oil), FRIED IN: (Soybean Oil, Hydrogenated Soybean Oil with TBHQ (To Protect Flavor), BUN (Unbleached Enriched Flour [Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Yeast, Fully Refined Soybean Oil, Granulated Sugar, Wheat Gluten, Salt, Honey, Dough Improver [Malted Wheat Flour, Enzymes and 2% or Less of Ascorbic Acid], Calcium Propionate [preservative], Natural Flavor, Enriched Wheat Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Contains Less than 2% of Enzymes, Yellow Corn Flour, Colors [Turmeric, Paprika], and 2% or Less of Each of the Following: Natural Flavor, Vegetable Proteins, Vegetable Oil, Dextrose, Maltodextrins, Starch), PICKLES (Cucumbers, Water, Vinegar, Salt, Contains Less Than 2% Of Calcium Chloride, Potassium Sorbate (Preservative), Natural Flavors, Polysorbate 80, Yellow 5) Contains: Milk, Soy, Wheat

Spicy Chicken Sandwich

SPICY CHICKEN BREAST FILLET (Boneless, Skinless Chicken Breast Fillet with Rib Meat Containing: Up to 14.94% of a Solution of Water, Salt, Modified Food Starch, Sodium Phosphates, Disodium Inosinate, Disodium Guanylate, Breaded with: Wheat Flour, Water, Enriched Wheat Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Modified Food Starch, Chili Pepper, Salt, Palm Oil, Leavening [Sodium Acid Pyrophosphate, Sodium Bicarbonate, Monocalcium Phosphate], Spices, Contains 2% or Less of the Following: Ascorbic Acid, Beet Powder [Color], Butter Oil, Extractive of Paprika [Color], Garlic Powder, Natural Flavors, Onion Powder, Paprika [Color], Spice Extractive, Sugar, Wheat Gluten, Yeast Extract, Breeding Set in Vegetable Oil, FRIED IN: Soybean Oil and Hydrogenated Soybean Oil with TBHQ [To Protect Flavor]), BUN (Unbleached Enriched Flour [Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Yeast, Fully Refined Soybean Oil, Granulated Sugar, Wheat Gluten, Salt, Honey, Dough Improver Malted Wheat Flour, Enzymes and 2% or Less of Ascorbic Acid, Calcium Propionate To Retain Freshness, Natural Flavor, Enriched Wheat Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Contains Less Than 2% of Enzymes, Yellow Corn Flour, Turmeric and Annatto Extracts Color, Vegetable Proteins, Vegetable Oil, Dextrose, Maltodextrins, Starch), PEPPERJACK CHEESE (Pepper Jack Cheese, Monterey Jack Cheese [Pasteurized Milk, Jalapeno Peppers, Cheese Culture, Salt, Enzymes]), PICKLES (Cucumbers, Water, Vinegar, Salt, Contains Less Than 2% of Calcium Chloride, Potassium Sorbate [Preservative], Natural Flavors, Polysorbate 80, Yellow 5) Contains: Milk, Sesame, Soy, Wheat

Seasoned & Breaded Fish Sandwich

COD FILLET (Cod, Bleached Wheat Flour, Water, Enriched Wheat Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Modified Food Starch, White Corn Flour, Salt, Dextrose, Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate), Yeast, Sugar, Spices, Natural Flavor, Guar Gum), FRIED IN: (Soybean Oil, Hydrogenated Soybean Oil with TBHQ (To Protect Flavor), BUN (Unbleached Enriched Flour [Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Yeast, Fully Refined Soybean Oil, Granulated Sugar, Wheat Gluten, Salt, Honey, Dough Improver [Malted Wheat Flour, Enzymes and 2% or Less of Ascorbic Acid], Calcium Propionate [preservative], Natural Flavor, Enriched Wheat Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Contains Less than 2% of Enzymes, Yellow Corn Flour, Colors [Turmeric, Paprika], and 2% of Less of Each of the Following: Natural Flavor, Vegetable Proteins, Vegetable Oil, Dextrose, Maltodextrins, Starch), AMERICAN CHEESE (Milk, Cream, Water, Sodium Citrate, Salt, Cheese Culture, Sorbic Acid [Preservative], Citric Acid, Enzymes, Soy Lecithin, Color Added), PICKLES (Cucumbers, Water, Vinegar, Salt, Contains Less Than 2% Of Calcium Chloride, Potassium Sorbate (Preservative), Natural Flavors, Polysorbate 80, Yellow 5) Contains: Soy, Milk, Wheat, Fish (Cod)

Tater Tot

Potatoes, Vegetable Oil ([Contains One or More of the Following: Canola, Palm, Soybean, Sunflower], Salt, Corn Flour, Dehydrated Potato, Disodium Dihydrogen Pyrophosphate [to promote color retention], Dextrose), FRIED IN: (Soybean Oil, Hydrogenated Soybean Oil with TBHQ [Added to Help Protect Flavor], Dimethylpolysiloxane [an Antifoaming Agent Added]) Contains: Soy



Cold Food

Nutrition Information | *Available only in select locations

	Item	Serving Size (g)	Calories	Calories From Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Sandwich	Classic Ham & Cheddar Sandwich	259	610	243	27	11	0	100	1590	53	4	8	42
	Italian Sandwich	260	690	288	32	13	0	105	2130	60	2	6	39
	Smoked Turkey & Cheddar Sandwich	236	600	234	26	9	0	90	1200	57	4	14	38
Wrap	Chicken Bacon Ranch Wrap	305	710	324	36	15	0	100	2070	52	3	3	43
	Smoked Turkey & Cheddar Wrap	274	600	315	35	12	0	90	1410	54	2	3	34
	Spicy Chicken Wrap	356	830	387	43	16	0	110	2300	69	3	1	43
Salad	Chef Salad	418	360	189	21	10	0	250	1140	11	3	7	36
	Chicken Tender Salad	382	510	288	32	13	0	270	1670	17	3	6	40
	Side Salad	316	230	144	16	7	0	200	280	8	3	6	17
Snack Tray	Grape, Cheese & Cracker Box	219	500	315	35	19	0	100	1010	21	2	15	23
	Protein Box	273	400	225	25	7	0	510	260	27	4	20	22
Fresh Cup	Boiled Egg Cup	180	280	180	20	6	0	680	220	4	0	4	24
	Apples w/Peanut Butter	200	200	45	5	2	1	5	140	40	6	31	0
	Pineapple Cup	170	80	0	0	0	0	0	0	23	2	16	0
	Clementine Cup	227	110	0	0	0	0	0	0	28	4	21	2
	Grape Cup	210	150	0	0	0	0	0	25	38	2	33	0
Mixed Cup	266	150	0	0	0	0	0	15	38	3	31	1	

Ingredient Statement | *Available only in select locations

Item

Classic Ham & Cheddar Sandwich

HAM (Cured with: Water, Dextrose, Distilled Vinegar, Contains 2% or Less: Salt, Potassium Chloride, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrite), WHOLE GRAIN WHEAT BREAD (Unbleached Enriched Flour [Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Sunflower Seeds, Coarse Cracked Wheat, Wheat Gluten, Granulated Sugar, Yeast, Fully Refined Soybean Oil, Corn Meal Enriched [Corn Meal, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, And Folic Acid], Salt, Poppy Seeds, Hulled Millet Flour, Honey, Ground Flax Seeds, Barley, Calcium Propionate [To Retain Freshness], Dough Improver [Malted Wheat Flour, Enzymes and 2% or Less of Ascorbic Acid], Enriched Wheat Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Contains Less Than 2% of Enzymes, 100% Whole Grain Oats), CHEDDAR CHEESE (Pasteurized Milk, Cheese Culture, Salt, Enzymes, Color Added) Contains: Milk, Wheat

Italian Sandwich

POTATO BREAD (Unbleached Enriched Flour [Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Potato Flour, Honey, Yeast, Wheat Gluten, Fully Refined Soybean Oil, Salt, Calcium Propionate [To Retain Freshness], Dough Improver [Malted Wheat Flour, Enzymes and 2% or Less of Ascorbic Acid], Enriched Wheat Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Contains Less Than 2% of Enzymes), HAM (Cured With: Water, Dextrose, Distilled Vinegar, Contains 2% or Less: Salt, Potassium Chloride, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrite), PROVOLONE CHEESE (Pasteurized Milk, Cheese Culture, Salt, Enzymes), PEPPERONI(Pork, Beef, Salt, Contains 2% or Less of Water, Dextrose, Natural Spices, Oleoresin of Paprika, Lactic Acid Starter Culture, Garlic Powder, Sodium Nitrite, BHA, BHT, Citric Acid [Added to Help Protect Flavor]), SALAMI(Beef And Pork, Salt, Contains 2% or Less of Dextrose, Water, Natural Spices, Garlic Powder, Lactic Acid Starter Culture, Sodium Ascorbate, Sodium Nitrite, BHA, BHT, Citric Acid [To Help Protect Flavor]) Contains: Milk, Wheat, Soy

Smoked Turkey & Cheddar Sandwich

CRANBERRY WHEAT BREAD (Unbleached Enriched Flour [Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Cranberries, Sugar, Sunflower Oil, Sunflower Seeds, Coarse Cracked Wheat, Yeast, Wheat Gluten, Granulated Sugar, Fully Refined Soybean Oil, Corn Meal Enriched [Corn Meal, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, and Folic Acid], Salt, Poppy Seeds, Hulled Millet Flour, Honey, Ground Flax Seeds, Barley, Calcium Propionate [To Retain Freshness], Dough Improver [Malted Wheat Flour, Enzymes and 2% or Less of Ascorbic Acid], Enriched Wheat Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Contains Less Than 2% of Enzymes), SMOKED TURKEY (Turkey Breast, Turkey Broth, Dextrose, Vinegar, Contains 2% or Less: Carrageenan, Modified Corn Starch, Natural Flavor, Salt, Sea Salt, Sodium Nitrite, Sodium Phosphate), CHEDDAR CHEESE (Pasteurized Milk, Cheese Culture, Salt, Enzymes, Color Added) Contains: Milk, Soy, Wheat

Sandwich

Chicken Bacon Ranch Wrap

TOMATO BASIL TORTILLA (Enriched Wheat Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Palm Oil, Tomato Powder [Tomato Powder, FDC Yellow 6], Herb Blend [Garlic, Onion, Herbs, Parsley, Basil, Red and Green Bell Pepper and Spice Extractive], Contains 2% or Less of: Tortilla Mix [Salt, Vital Wheat Gluten, Leavening {Sodium Bicarbonate, Sodium Aluminum Sulfate, Sodium Aluminum Phosphate}, Preservative {Calcium Propionate}, Dextrose, Dough Conditioners {Monoglycerides, Mono and Diglycerides, Enzymes and Sodium Metabisulfite}, Fumaric Acid, Guar Gum, Sorbic Acid] and Paprika), CHICKEN (Chicken Breast Meat With Rib Meat, Water, Seasoning [Salt, Gum Arabic, Spices, Dehydrated Garlic, Dextrose, Grill Flavor {From Sunflower Oil}, Dehydrated Onion, Spice Extractives), Vinegar, Soy Protein Concentrate, Tapioca Starch, Sodium Phosphates), PROVOLONE CHEESE (Pasteurized Milk, Cheese Culture, Salt, Enzymes), RANCH DRESSING (Soybean Oil, Water, Cultured Lowfat Buttermilk, Distilled Vinegar, Contains Less Than 2% of Egg Yolk, Salt, Modified Food Starch, Monosodium Glutamate, Buttermilk, Garlic*, Nonfat Dry Milk, Xanthan Gum, Parsley*, Sour Cream [Cream, Nonfat Milk, Cultures], Spice, Sorbic Acid [Preservative], Citric Acid, Onion*, Calcium Disodium EDTA [To Protect Flavor], Yeast Extract, Natural Flavor [Includes Milk] *Dried), SPINACH, BACON (Pork, Water, Salt, May Contain Sugar, Brown Sugar, Smoke Flavoring, Sodium Phosphates, Sodium Erythorbate, Sodium Ascorbate, Cultured Celery Juice, Lactic Acid Starter Culture, Flavoring, Cherry Powder, Ascorbic Acid, Sodium Nitrite), GARLIC SPREAD (Liquid Soybean Oil, Palm Oil, Water, Salt, Contains Less Than 2% of: Whey, Crushed Garlic [Garlic, Citric Acid], Dijon Mustard [Water, Vinegar, Mustard Seed, Salt, White Wine, Fruit Pectin, Citric Acid, Tartaric Acid, Sugar, Spice], Parsley Flakes, Soy Lecithin, Black Pepper, Potassium Sorbate [Preservative], Lemon Juice Powder [Corn Syrup Solids, Lemon Juice Solids, Natural Flavors], Lactic Acid, Artificial Flavor, Calcium Disodium EDTA [Preservative], Vitamin A Palmitate, Beta Carotene [Color]) Contains: Egg, Milk, Soy, Wheat

Smoked Turkey & Cheddar Wrap

SMOKED TURKEY (Turkey Breast, Turkey Broth, Dextrose, Vinegar, Contains 2% or Less: Carrageenan, Modified Corn Starch, Natural Flavor, Salt, Sea Salt, Sodium Nitrite, Sodium Phosphate), TORTILLA (Enriched Wheat Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Palm Oil, Contains 2% Or less Of: Tortilla Mix (Salt, Vital Wheat Gluten, Leavening [Sodium Bicarbonate, Sodium Aluminum Sulfate, Sodium Aluminum Phosphate], Preservative [Calcium Propionate], Dextrose, Dough Conditioners [Monoglycerides, Mono And Diglycerides, Enzymes And Sodium Metabisulfite], Fumaric Acid, Guar Gum And Sorbic Acid), CHEDDAR CHEESE (Pasteurized Milk, Cheese Cultures, Salt, Enzymes, Annatto [Color]), SALAD MIX (Contains One or More of the Following: Red Lola Rossa, Green Tango, Green Leaf, Blonde Tango, Red Tuscan Oak, Green Leaf Lettuce, Red Leaf Lettuce.), GARLIC SPREAD (Liquid Soybean Oil, Palm Oil, Water, Salt, Contains Less Than 2% of: Whey, Crushed Garlic [Garlic, Citric Acid], Dijon Mustard [Water, Vinegar, Mustard Seed, Salt, White Wine, Fruit Pectin, Citric Acid, Tartaric Acid, Sugar, Spice], Parsley Flakes, Soy Lecithin, Black Pepper, Potassium Sorbate [Preservative], Lemon Juice Powder [Corn Syrup Solids, Lemon Juice Solids, Natural Flavors], Lactic Acid, Artificial Flavor, Calcium Disodium EDTA [Preservative], Vitamin A Palmitate, Beta Carotene [Color]) Contains: Egg, Milk, Soy, Wheat

	<p>SPICY CHICKEN BREAST FILLET (Boneless, Skinless Chicken Breast Filet with Rib Meat Containing: Up to 14.94% of a Solution of Water, Salt, Modified Food Starch, Sodium Phosphates, Disodium Inosinate, Disodium Guanylate, Breaded with: Wheat Flour, Water, Enriched Wheat Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Modified Food Starch, Chili Pepper, Salt, Palm Oil, Leavening [Sodium Acid Pyrophosphate, Sodium Bicarbonate, Monocalcium Phosphate], Spices, Contains 2% or Less of the Following: Ascorbic Acid, Beet Powder [Color], Butter Oil, Extractive of Paprika [Color], Garlic Powder, Natural Flavors, Onion Powder, Paprika [Color], Spice Extractive, Sugar, Wheat Gluten, Yeast Extract, Breeding Set in Vegetable Oil, FRIED IN: (Soybean Oil, Hydrogenated Soybean Oil with TBHQ (To Protect Flavor)), TORTILLA (Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Palm Oil, Contains 2% Or less Of: Tortilla Mix (Salt, Vital Wheat Gluten, Leavening (Sodium Bicarbonate, Sodium Aluminum Sulfate, Sodium Aluminum Phosphate), Preservative (Calcium Propionate), Dextrose, Dough Conditioners (Monoglycerides, Mono And Diglycerides, Enzymes And Sodium Metabisulfite), Fumaric Acid, Guar Gum And Sorbic Acid), PEPPERJACK CHEESE (Pasteurized Milk, Jalapeno Peppers, Cheese Culture, Salt, Enzymes), HARVEST BLEND SALAD MIX (Green Leaf Lettuce, Red Leaf Lettuce), PICKLES (Cucumbers, Water, Vinegar, Salt, Contains Less Than 2% Of Calcium Chloride, Potassium Sorbate (Preservative), Natural Flavors, Polysorbate 80, Yellow 5), GARLIC SPREAD (Liquid Soybean Oil, Palm Oil, Water, Salt, Contains Less Than 2% of: Whey, Crushed Garlic [Garlic, Citric Acid], Dijon Mustard [Water, Vinegar, Mustard Seed, Salt, White Wine, Fruit Pectin, Citric Acid, Tartaric Acid, Sugar, Spice], Parsley Flakes, Soy Lecithin, Black Pepper, Potassium Sorbate [Preservative], Lemon Juice Powder [Corn Syrup Solids, Lemon Juice Solids, Natural Flavors], Lactic Acid, Artificial Flavor, Calcium Disodium EDTA [Preservative], Vitamin A Palmitate, Beta Carotene [Color] Contains:Milk, Soy, Wheat</p>
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<p style="writing-mode: vertical-rl; transform: rotate(180deg);">Salad</p>	<p>Chef Salad</p> <p>SALAD MIX (Lettuce, Red Cabbage, Carrot.), Grilled Chicken Strips (Chicken breast meat with rib meat, water, seasoning [Salt, Gum Arabic, Spices, Dehydrated Garlic, Dextrose, Grill Flavor {from Sunflower Oil}, Dehydrated Onion, Spice extractives], Vinegar, Soy Protein Concentrate, Tapioca Starch, Sodium Phosphate), HARD BOILED EGG, CHEESE BLEND (Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes, Annatto (Color), Monterey Jack Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes), Potato Starch And Powdered Cellulose (Added To Prevent Caking), Natamycin [A Natural Mold Inhibitor]), HAM (Cured With: Water, Salt, Sodium Lactate, Sugar, Sodium Phosphate, Sodium Diacetate, Sodium Erythorbate, Sodium Nitrate), GRAPE TOMATO Contains: Egg, Milk, Soy</p>
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<p style="writing-mode: vertical-rl; transform: rotate(180deg);">Salad</p>	<p>Chicken Tender Salad</p> <p>SALAD MIX (Lettuce, Red Cabbage, Carrot), CHICKEN TENDER (Boneless Skinless Chicken Breast Strips With Rib Meat Containing: Up to 16% of a Solution of Water, Salt, Sodium Phosphates, and Contains 2% or Less: Chicken Broth, Chicken Fat, Garlic Powder, Lactic Acid, Maltodextrin, Modified Corn Starch, Monosodium Glutamate, Natural Flavors (including extractives of celery seed), Onion Powder, Spice, Sugar, Yeast Extract, BREADED WITH: Wheat Flour, Water, Modified Food Starch, Salt, Contains 2% or Less: Leavening (Baking Soda, Sodium Acid Pyrophosphate, Monocalcium phosphate), Monosodium Glutamate, Natural Flavor, Onion Powder, Spice, Turmeric and Paprika Extract, Wheat Gluten, Yeast Extract, Yellow Corn Flour, Breeding Set in Vegetable Oil), FRIED IN: (Soybean Oil, Hydrogenated Soybean Oil with TBHQ (To Protect Flavor)) HARD BOILED EGG, BACON (Pork, Water, Salt, May Contain Sugar, Brown Sugar, Smoke Flavoring, Sodium Phosphates, Sodium Erythorbate, Sodium Ascorbate, Cultured Celery Juice, Lactic Acid Starter Culture, Flavoring, Cherry Powder, Ascorbic Acid, Sodium Nitrite), GRAPE TOMATO, CHEESE BLEND (Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes, Annatto (Color), Monterey Jack Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes), Potato Starch And Powdered Cellulose (Added To Prevent Caking), Natamycin (A Natural Mold Inhibitor)) Contains: Egg, Milk, Wheat, Soy</p>
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<p style="writing-mode: vertical-rl; transform: rotate(180deg);">Salad</p>	<p>Side Salad</p> <p>SALAD MIX (Lettuce, Red Cabbage, Carrot), HARD BOILED EGG, CHEESE BLEND (Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes, Annatto (Color), Monterey Jack Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes), Potato Starch And Powdered Cellulose (Added To Prevent Caking), Natamycin [A Natural Mold Inhibitor]), GRAPE TOMATO Contains: Egg, Milk</p>
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Snack Tray	Grape, Cheese, & Cracker Box	CHEDDAR CHEESE CUBES (Pasteurized Milk, Cheese Cultures, Salt, Enzymes, Color Added), GRAPES, APPLES (Apples, Citric Acid (Vitamin C), Calcium), PEPPERONI (Pork, Beef, Salt, Spices, Dextrose, Lactic Acid Starter Culture, Oleoresin Of Paprika, Sodium Ascorbate, Flavoring, Sodium Nitrate, BHA, BHT, Citric Acid) Contains: Milk.
	Protein Box	HARD BOILED EGG, GRAPES, APPLES (Apples, Citric Acid [Vitamin C], Calcium), PEANUT BUTTER (Roasted Peanuts, Sugar, Contains: 2% Or Less Of Molasses, Fully Hydrogenated Vegetable Oils [Rapeseed And Soybean], Mono And Diglycerides, Salt) Contains: Egg, Peanuts, Soy
	Apples w/Peanut Butter	APPLES (Apples, Citric Acid (Vitamin C), Calcium), PEANUT BUTTER (Roasted Peanuts, Sugar, Contains: 2% Or Less Of Molasses, Fully Hydrogenated Vegetable Oils (Rapeseed and Soybean), Mono And Diglycerides, Salt) Contains: Peanuts, Soy
Fresh Cup	Boiled Egg Cup	HARD BOILED EGG
	Pineapple Cup	PINEAPPLE
	Clementine Cup	CLEMENTINE
	Grape Cup	GRAPES
	Mixed Cup	GRAPES, CLEMENTINE, PINEAPPLE

Nutrition Information | *Available only in select locations

Item	Serving Size (g)	Calories	Calories From Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Hearty Chicken Pot Pie	12	350	200	22	4.5	0	50	920	22	3	5	15
Chicken Tortilla Soup	12	130	36	4	0.5	0	15	1110	16	3	4	8
Homestyle Beef Chili	12	290	110	13	4	0.5	35	920	30	10	10	10
Maple Brown Sugar Oatmeal	12	330	63	7	3	0	15	220	61	5	29	6
Vegetarian Minestrone	12	140	14	1.5	0	0	0	980	25	5	4	5
Sausage Gravy	12	350	180	20	6	0	30	1360	27	1	14	15

Soup

Ingredient Statement | *Available only in select locations

Item

Hearty Chicken Pot Pie

Water, Chicken [Natural Proportions], Carrots, Onions, Celery, Potatoes [Potatoes, Dextrose, Sodium Acid Pyrophosphate, Potassium Sorbate, Citric Acid {Added To Protect Flavor}], Green Peas, Soybean Oil, Rendered Chicken Fat, Contains Less Than 2% Of The Following: Modified Food Starch, Nonfat Dry Milk, Flour [Wheat Flour, Enriched, Bleached {Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin And Folic Acid}], Reduced Sodium Natural Chicken Base [Roasted Chicken, Salt, Sugar, Yeast Extract, Chicken Fat, Corn Starch, Potato Starch, Onion Powder, Turmeric, and Natural Flavor], Salt, Chicken Base [Roasted Chicken And Chicken Fat, Salt, Autolyzed Yeast Extract, Chicken Flavor {with Hydrolyzed Corn Soy Wheat Gluten Protein, Maltodextrin, Egg Yolk, Yeast Extract, Dehydrated Cooked Chicken, Modified Food Starch}, Flavor {With Torula Yeast}, Disodium Inosinate, Disodium Guanylate, Potato Starch, Turmeric], Natural Chicken Flavor [Maltodextrin, Salt, Autolyzed Yeast Extract, Hydrolyzed Corn Soy Wheat Protein, Dried Yeast, Natural Flavor, Rendered Chicken Fat, Silicon Dioxide {Anti-Caking Agent}, Ascorbic Acid, Butter {Cream}], Natural Flavor [Maltodextrin, Enzyme Modified Butter Oil, Salt, Dehydrated Butter, Guar Gum, Sodium Bicarbonate, Annatto And Turmeric For Color], Spices, Lactic Acid [Lactic Acid Powder, Calcium L-Lactate], Yeast Extract, Maltodextrin, Propylene Glycol Alginate, Titanium Dioxide, Gum [Guar, Xanthan]) Contains: Egg, Milk, Soy, Wheat

Chicken Tortilla Soup

Water, Tomatoes (Tomatoes, Tomato Juice, Salt, Citric Acid, Calcium Chloride), Tomato Paste, Cooked Diced Chicken (Light and Dark Meat), Onions, Green Bell Peppers, Contains less than 2% of the following: Corn, White Corn Tortilla (Whole Grain Corn, Water, Contains 2% or Less of: Preservatives (Propionic Acid, Sodium Hydroxide, Benzoic Acid), Xanthan Gum and Traces of Food Grade Lime), Chicken Base (Roasted Chicken and Chicken Fat, Salt, Autolyzed Yeast Extract, Chicken Flavor (With Hydrolyzed Corn Soy Wheat Gluten Protein, Maltodextrin, Egg Yolk, Yeast Extract, Dehydrated Cooked Chicken, Modified Food Starch), Flavor (with Torula Yeast), Disodium Inosinate, Disodium Guanylate, Potato Starch, Turmeric), Celery, Modified Food Starch, Carrots, Canola Oil, Garlic Puree (Garlic, Water), Sea Salt, Spices, Cilantro, Chili Powder Seasoning (Chili Pepper, Salt, Cumin, Oregano, Garlic, Silicon Dioxide), Xanthan Gum, Dried Chipotle Chiles) Contains: Egg, Soy, Wheat

Homestyle Beef Chili

Chili Beans (Prepared Pinto Beans, Water, Salt, Spice, Tomato Paste, Corn Syrup, Onion Powder, Garlic Powder, Caramel Coloring), Tomatoes (Tomatoes, Tomato Juice, Salt, Citric Acid, Calcium Chloride), Ground Beef, Water, Tomato Paste, Onion, Contains Less Than 2% Of The Following: Green Chiles (Fresh Green Chili Peppers, Water, Salt, Citric Acid, Calcium Chloride), Chili Seasoning (Chili Powder [Chili Pepper, Spices, Salt, Garlic Powder], Spices, Salt, Garlic), Modified Food Starch, Salt, Soybean Oil, Emulsifier (Mono- And Diglycerides Prepared From Fully Hydrogenated Palm Oil), Dehydrated Garlic, Spice Contains: Soy

Soup

Maple Brown Sugar Oatmeal

Water, Whole Grain Oats, Maple Syrup [55% Pure Maple Syrup, 45% Pure Cane Syrup], Cream, Brown Sugar [Sugar, Cane Syrups], Contains Less Than 2% Of The Following: Artificial Flavor [Water, High Fructose Corn Syrup, Natural And Artificial Flavor, Citric Acid, Caramel Color, Sodium Benzoate And Potassium Sorbate {Preservatives}], Salt, Natural Maple Flavor [Molasses Powder, Maltodextrin, Sucrose, Natural Flavors]) Contains: Milk

Vegetarian Minestrone

Water, Tomatoes (Tomatoes, Tomato Juice, Salt, Citric Acid, Calcium Chloride), Red Kidney Beans (Kidney Beans, Water, Sugar, Corn Syrup, Salt, Calcium Chloride Added To Help Maintain Firmness, Disodium Edta Added To Help Promote Color Retention), Great Northern Beans (Prepared White Beans, Water, Contains Less Than 2% Of The Following Ingredients: Salt, Calcium Chloride, Disodium Edta Added To Promote Color Retention), Onions, Chianti Wine (Salt, Sorbate, Sulfites), Green Beans, Noodles (Semolina [Wheat], Egg Whites, Niacin, Iron [Ferrous Sulfate], Thiamin Mononitrate, Riboflavin, And Folic Acid), Contains Less Than 2% Of The Following: Cabbage, Spinach, Mirepoix Base (Vegetable Purees [Carrot, Celery, Onion] Salt, Maltodextrin, Onion Powder, Canola Oil, Corn Starch, Carrot Powder, Contains 2% Or Less Of The Following: Extractive Of Carrot, Xanthan Gum, Spice Extractives), Carrots, Celery, Modified Food Starch, Garlic (Garlic, Water), Vegetable Concentrate (A Blend Of Vegetables Purees [Carrot, Celery, Onion, Sauteed Onion, Red Bell Pepper], Dehydrated Tomato, Carrots, Green Bell Pepper, Onion Juices [Onion, Garlic, Shallot, Carrot], Sugar, Salt, Yeast Extract, Hydrolyzed Corn Protein, Contains 2% Or Less Of The Following: Maltodextrin, Canola Oil, Natural Flavor, Disodium Inosinate, Disodium Guanylate, Modified Food Starch, Spice, Hydrolyzed Soy Protein, Burgundy Wine Solids), Canola Oil, Spices, Flavor (Hydrolyzed Corn And Soy Protein, Salt), Yeast Extract, Potassium Chloride, Salt, Disodium Inosinate, Disodium Guanylate Contains: Egg, Soy, Wheat

Sausage Gravy

Water, Sausage [Fresh Pork, Water, Seasoning (Salt, Spice Extractives On A Dextrose Carrier, Spices, Sugar, Yeast Extract, Disodium Inosinate, Propyl Gallate, Citric Acid And BHT)], Nonfat Dry Milk, Flour [Wheat Flour, Enriched, Bleached {Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin And Folic Acid}], Contains Less Than 2% Of The Following: Soybean Oil, Roux [Wheat Flour, Soybean Oil, Maltodextrin, Food Starch - Modified, Palm Oil, Xanthan Gum], Modified Food Starch, Bacon Base [Cooked Bacon {Cured With Water, Salt, Sugar, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrite}, Salt, Hydrolyzed Soy Protein, Cooked Bacon Fat {With TBHQ And Citric Acid}, Sugar, Dextrose, Yeast Extract, Contains 2% Or Less Of The Following: Ham Flavor (Contains Lactose, Autolyzed Yeast, Salt, Modified Corn Starch, Maltodextrin, Soybean Oil, Gelatin, Natural Flavor, Including Smoke), Potato Starch, Caramel Color, Xanthan Gum, Spice Extractive}, Salt, Emulsified {Mono-And Diglycerides Prepared From Fully Hydrogenated Palm Oil}, Spice, Red Pepper Sauce {Vinegar, Aged Red Pepper, Salt}, Natural Flavor {Maltodextrin, Enzyme Modified Butter Oil, Salt, Dehydrated Butter, Guar Gum, Sodium Bicarbonate, Annatto And Turmeric For Color}, Soy Sauce {Water, Wheat, Soybeans, Salt, Less Than 0.10% Sodium Benzoate As A Preservative}, Titanium Dioxide, Maltodextrin, Yeast Extract, Sugar, Garlic Powder, Gum {Guar, Xanthan}}) Contains: Milk, Soy, Wheat



Non Fryer Locations

Nutrition Information | *Available only in select locations **Nutrition Information for Non Fryer Locations

Item	Serving Size (g)	Calories	Calories From Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Chicken Tender (5 ct) **	275	620	243	27	5	0	125	1900	47	3	0	50
Corn Dog (1 ea)**	112	270	126	14	4	0	45	700	27	1	9	10
Jalapeno Corn Dog (1 ea)**	112	280	126	14	4.5	0	55	900	28	1	9	10
Potato Wedges**	153	240	99	11	3.5	0	0	490	33	4	2	4
Apple Turnover (1 ea)**	85	180	54	6	1.5	0	0	135	29	1	8	3
Mild JUMBO Wings (5 ct)**	222	520	288	32	9	0	250	1250	12	0	0	45
Spicy JUMBO Wings (5 ct)**	210	500	270	30	9	0	235	1770	12	0	0	45
Sriracha Hot Wings (5 ct)**	213	500	270	30	9	0	240	2080	13	0	0	45
Spicy Italian Pizza SLICE	207	520	207	23	12	0	50	880	55	3	8	23
Spicy Italian Pizza WHOLE	1242	3150	1215	135	72	0	315	5310	333	18	45	135
Pepperoni Artisan Pizza SLICE	205	550	216	24	12	0	55	970	56	3	12	27
Pepperoni Artisan Pizza WHOLE	1230	3280	1296	144	72	0	320	5830	335	16	72	160
Cheese Artisan Pizza SLICE	204	530	207	23	12	0	55	770	56	3	12	25
Cheese Artisan Pizza WHOLE	1224	3200	1224	136	72	0	320	4640	336	16	72	152
Mega Meat Artisan Pizza SLICE	197	510	189	21	11	0	55	950	55	3	9	24
Mega Meat Artisan Pizza WHOLE	1184	3040	1152	128	64	0	320	5680	328	16	56	144

Non Fryer Locations

Ingredient Statement | *Available only in select locations **Ingredient Statement for Non Fryer Locations

Non Fryer Locations		Item
		<p>Cheese Artisan Pizza*</p> <p>PIZZA DOUGH (Enriched Flour [Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Water Yeast, Degermed Yellow Cornmeal, Vegetable Oil [Palm, Soybean and/or Canola Oil], Contains 2% or less of: Sugar, Hydrogenated Soybean Oil, Salt, Sea Salt, Dough Conditioners [Enzymes, Contains one or more of the Following: DATEM, Calcium Carbonate, Wheat Gluten, Guar Gum, Ascorbic Acid, Cherry Powder], Dextrose, Soy Lecithin, Natural Flavor, Wheat Starch), MOZZARELLA CHEESE (Part Skim Milk, Cheese Cultures, Salt, Enzymes), SAUCE (Tomatoes, Water, Tomato Paste [Not less than 28% Soluble Solids], Contains 2% or Less of : Modified Food Starch, PARMESAN CHEESE (Part Skim Milk, Cheese Cultures, Salt, Enzymes), Sugar, Dextrose, Salt, Dried Garlic, Spice, Dried Onion, DEHYDRATED ROMANO CHEESE (Sheep's and Cow's Milk, Cheese Cultures, Salt, Enzymes), Paprika, Citric Acid) Contains: Milk, Soy, Wheat</p>
		<p>Pepperoni Artisan Pizza</p> <p>PIZZA DOUGH (Enriched Unbleached Wheat Flour [Wheat Flour, Malted Barley Flour, Ascorbic Acid Added As A Dough Conditioner, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Bread Crumbs [Wheat Flour, Sugar, Yeast, Salt], Soybean Oil, Yeast, Sugar, Salt), PIZZA SAUCE (Water, Tomato Paste, Tomato Puree, Salt, Sugar, Garlic Powder, Spices, Citric Acid, Extractive Of Spice), LOW MOISTURE PART SKIM MOZZARELLA CHEESE (Pasteurized Part Skim Milk, Cheese Cultures, Salt, Enzyme), PEPPERONI (Pork, Beef, Salt, Spices, Dextrose, Lactic Acid Starter Culture, Oleoresin Of Paprika, Sodium Ascorbate, Flavoring, Sodium Nitrate, BHA, BHT, Citric Acid) Contains: Milk, Soy, Wheat</p>
		<p>Spicy Italian Pizza</p> <p>PIZZA DOUGH (Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Yeast, Degermed Yellow Cornmeal, Palm Oil, Contains 2% or less of: Sugar, Vegetable Oil (Soybean and/or Canola Oil), Hydrogenated Soybean Oil, Sea Salt, Salt, Dough Conditioner (Enzymes, Contains One or More of the Following: DATEM, Calcium Carbonate, Wheat Gluten, Guar Gum, Ascorbic Acid), Dextrose, Soy Lecithin, Natural Flavor, Wheat Starch), TOPPING(SLow Moisture Mozzarella Cheese (Milk, Cheese Cultures, Salt, Enzymes), Bell Peppers, Sausage (Pork, Water, Spices, Salt, Dextrose, Garlic Powder, Paprika), Pepperoni Made With Pork, Chicken and Beef (Pork, Mechanically Separated Chicken, Beef, Salt, Contains 2% or less of: Dextrose, Lactic Acid Starter Culture, Flavoring, Sodium Nitrite, BHA, BHT, Citric Acid, May also Contain: Spices, Water, Paprika, Oleoresin of Paprika, Spice Extractives, Smoke Flavoring, Sodium Ascorbate, Ascorbic Acid, Beef Stock), Contains 2% or less of: Roasted Garlic, Parmesan Cheese (Part Skim Milk, Cheese Cultures, Salt, Enzymes), PIZZA SAUCE (Water, Tomato Paste, Contains 2% or less of: Modified Food Starch, Sea Salt, Parmesan Cheese (Part Skim Milk, Cheese Cultures, Salt, Enzymes)Spice, Maltodextrin, Paprika, Dried Garlic, Citric Acid, Dried Onion)) Contains: Milk, Soy, Wheat</p>
		<p>Chicken Tenders**</p> <p>Chicken Tenderloins, Water, Salt, Modified Food Starch, Seasonings (Flavors, Maltodextrin, Sugar, Salt, Vegetable Stock (Carrot, Onion, Celery) Garlic Powder), Sodium Phosphates, Soy Protein Concentrate, BREADED WITH: Wheat Flour, Water, Contains 2% or less: Dextrose, Disodium inosinate, Disodium Guanylate, Extractives of Paprika and Turmeric, Garlic Powder, Leavening (Sodium Bicarbonate, Sodium Acid Pyrophosphate, Sodium Aluminum Phosphate, Monocalcium Phosphate), Onion Powder, Salt, Spices, Wheat Gluten, Breeding Set in Vegetable Oil Contains: Soy, Wheat</p>
		<p>Apple Turnover**</p> <p>Pastry: Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Oil (Soybean, Canola, Palm and/or Corn Oil), Sugar, Batter Mix (Enriched Wheat Flour [Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Corn Flour, Dextrose, Corn Starch, Sugar, Tapioca Dextrin, Eggs, Skimmed Milk, Salt, Leavening [Sodium Aluminum Phosphate, Sodium Bicarbonate], Modified Corn Starch, Natural And Artificial Flavors, Spice, Sucralose, Guar Gum, Spice Extractive), Filling: Apples (With Salt, Ascorbic Acid, Citric Acid),Apple Juice Concentrate, Modified Food Starch, Lemon Juice (Filtered Water, Lemon Juice Concentrate, Sodium Benzoate And Sodium Bisulfite As Preservatives), Salt, Artificial Vanilla Flavor (Water, Propylene Glycol, Caramel Color, Artificial Flavor), Cinnamon, Guar Gum) Contains: Egg, Milk, Soy, Wheat</p>



Potato Wedges**	POTATO WEDGE (Potatoes, Vegetable Oil (May Contain One or More of the Following: Canola Oil, Sunflower Oil, Cottonseed Oil, Palm Oil, Corn Oil, Soybean Oil), Enriched Bleached Flour (Wheat Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Salt, Modified Food Starch, Spices, Cornmeal, Garlic Powder, Onion Powder, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Dried Yeast, Colored With Oleoresin Paprika, Dextrose Contains: Soy, Wheat
Corn Dog**	Batter Ingredients: (Water, Enriched Flour [Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Sugar, Yellow Corn Flour, Enriched Degermed Yellow Corn Meal [Yellow Corn Meal, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Soy Flour, Contains Less than 2% of Leavening [Sodium Acid Pyrophosphate, Sodium Bicarbonate], Soybean Oil, Salt, Egg Yolk, Potato Flour, Egg White, Dried Honey, Artificial Flavor, Fried In Vegetable Oil, Chicken Frank Ingredients: Mechanically Separated Chicken, Water, Salt, Contains 2% or Less of: Corn Syrup Solids, Potassium Lactate, Potassium Acetate, Spices, Sodium Phosphate, Sodium Diacetate, Flavorings, Sodium Erythorbate, Sodium Nitrite) Contains: Egg, Soy, Wheat
Jalapeno Corn Dog**	Batter Ingredients: (Water, Enriched Flour [Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Sugar, Yellow Corn Flour, Enriched Degermed Yellow Corn Meal [Yellow Corn Meal, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Soy Flour, Contains Less than 2% of Leavening [Sodium Acid Pyrophosphate, Sodium Bicarbonate], Soybean Oil, Salt, Egg Yolk, Potato Flour, Egg White, Dried Honey, Artificial Flavor, Fried in Vegetable Oil, Cheese & Jalapeno Chicken Frank Ingredients: Mechanically Separated Chicken, Water, Pasteurized Processed Cheddar Cheese [Cheddar Cheese {Cultured Milk, Salt, Enzymes}, Water, Milkfat, Sodium Citrate, Sodium Phosphate, Salt, Sorbic Acid {Preservative}, Annatto {Vegetable Color}], Jalapeno Peppers [Jalapeno Peppers, Acetic Acid, Salt], Salt, Contains 2% or Less of: Spices, Corn Syrup Solids, Dextrose, Potassium Lactate, Potassium Acetate, Sodium Phosphate, Flavorings, Sodium Diacetate, Sodium Erythorbate, Sodium Nitrite) Contains: Egg, Milk, Soy, Wheat
Mild JUMBO Wings**	Chicken Wing Sections, Water, Salt, Sodium Phosphates, Seasoning (Salt, Maltodextrin, Dried Chicken Broth, 2 % or less of Yeast Extract, Rosemary Extract (antioxidant), Breaded With: Wheat Flour, Water, Modified Corn Starch, Salt, Contains 2% or less: Dried Garlic, Dried Onion, Natural Flavors, Paprika Extract, Spices, Wheat Gluten, Yeast Extract Contains: Egg, Soy, Wheat
Sriracha Hot Wings**	SPICY CHICKEN WING (Chicken Wing Sections, Water, Seasoning (Salt, Maltodextrin, Dried Chicken Broth, 2 % or less of Natural Flavors, Dried Onion, Yeast Extract, Rosemary Extract (antioxidant), Sodium Phosphates. Breaded With: Wheat Flour, Wheat Gluten, Modified Food Starch, Sea Salt, Contains 2% or less of : Citric Acid, Dextrose, Dried Garlic, Dried Onion, Natural Flavor, Paprika Extract, Salt, Spices, Yeast Extract, Breeding set in Vegetable Oil) SRIRACHA SEASONING (Spices [Including Paprika], Sugar, Salt, Garlic, Citric Acid, Corn Maltodextrin, Cayenne Pepper Sauce (Salt, Aged Cayenne Red Peppers, Vinegar, Garlic), Extractives of Paprika, Calcium Silicate & Silicon Dioxide (To Make Free Flowing) Natural Flavor & Vinegar Solids) Contains: Egg, Soy, Wheat
Spicy JUMBO Wing**	Chicken Wing Sections, Water, Seasoning (Salt, Maltodextrin, Dried Chicken Broth, 2 % or less of Natural Flavors, Dried Onion, Yeast Extract, Rosemary Extract (antioxidant), Sodium Phosphates. Breaded With: Wheat Flour, Wheat Gluten, Modified Food Starch, Sea Salt, Contains 2% or less of : Citric Acid, Dextrose, Dried Garlic, Dried Onion, Natural Flavor, Paprika Extract, Salt, Spices, Yeast Extract, Breeding set in Vegetable Oil, Contains: Egg, Soy, Wheat
Mega Meat Artisan Pizza	CRUST (Water, Enriched Flour [Wheat Flour, Malted Barley, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Yeast, Degermed Yellow Cornmeal, Vegetable Oil (Palm, Soybean and/or Canola Oil), Contains 2% or less of: Sugar, Hydrogenated Soybean Oil, Salt, Sea Salt, Dough Conditioner [Enzymes, Contains one or more of the following: DATEM, Calcium Carbonate, Wheat Gluten, Guar Gum, Ascorbic Acid]), Modified Food Starch, Dextrose Natural Flavor, Soy Lecithin, Wheat Starch, Low Moisture Mozzarella Cheese [Milk, Cheese Cultures, Salt, Enzymes], SAUSAGE [Pork, Water, Spices, Salt, Dextrose, Garlic Powder, Paprika], HAM (Fully Cooked Diced Smoked Ham with Natural Juices [Cured with Water, Salt, Dextrose, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrite], SAUCE (Water, Tomato Paste, Dried Garlic, Spice, Dried Onion, Dehydrated Romano Cheese [Sheep's and Cow's Milk, Cheese Cultures, Salt, Enzymes], Paprika Citric Acid, PARMESAN CHEESE [Part Skim Milk, Cheese Cultures, Salt, Enzymes]), Fat Reduced Pepperoni [Pork, Beef, Water, Textured Vegetable Protein Product {Soy protein Concentrate, Zinc Oxide, Niacinamide, Ferrous Sulfate, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Thiamine Mononitrate (B1), Pyridoxine Hydrochloride (B6), Riboflavin (B2), Cyanocobalamin (B12)}, Salt, Less than 2% of Spices, Dextrose, Lactic Acid Started Culture, Oleoresin of Paprika, Flavoring, Sodium Nitrite, BHA, BHT, Citric Acid], BACON (Precooked Bacon Ends and Pieces [Bacon {Cured with Water, Sugar, Salt, Sodium Phosphate, Natural Flavor}, Sodium Erythorbate, Sodium Nitrite], Contains: Milk, Soy, Wheat

Nutrition Information | *Available only in select locations

Item	Serving Size (g)	Calories	Calories From Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	
Hot Dog	100 % All Beef Hot Dog w/ Bun	133	430	261	29	12	1.5	55	1280	26	1	4	14
	Breakfast Pork Link	76	330	279	31	11	0	65	1010	1	0	1	13
	Hot Dog Bun	43	130	18	2	0	0	0	230	24	1	2	4
	Buffalo Rollerbite	82	180	70	8	2.5	0	40	610	12	0	2	14
	Jalapeno Cheese Dog w/Bun	134	420	252	28	9	0	55	1160	29	1	2	15
	Smoked Polish Sausage	91	290	230	26	9	0	55	900	5	0	0	11
	Italian Meatball Link	85	220	155	17	7	0	45	630	5	1	1	12
Tornados	Cheesy Chorizo and Egg	85	190	72	8	2	0	20	400	23	0	1	5
	Beef Ranchero	85	180	60	6	2	0	10	350	23	1	1	0
	Cheesy Pepper Jack	85	220	110	12	5	0	25	240	22	0	1	7
Nacho	Gehl's Cheese	55	70	45	5	3	0	0	560	6	1	1	0
	Gehl's Chili	55	60	25	3	2	0	0	610	6	2	1	3

Ingredient Statement | *Available only in select locations

Item		
Hot Dog	100% All Beef Hot Dog w/ Bun	Beef Frank (Beef, Water, Contains less than 2% of Salt, Corn Syrup, Ground Mustard Seed, Dextrose, Sodium Phosphates, Sodium Diacetate, Sodium Benzoate, Sodium Ascorbate, Flavor, Sodium Nitrite, Extractives of Paprika, Hydrolyzed Beef Stock), BUN Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Soybean Oil, Wheat Gluten, Contains Less Than 2% Of Yeast, Salt, Turmeric, Paprika, Natural Flavors, Ascorbic Acid, Enzymes, Calcium Propionate (Preservative), Canola Oil, Pea Protein, Dextrose, Maltodextrin, Corn Starch Contains: Soy, Wheat
	Breakfast Pork Link	Pork, Seasoning (Salt, Spices, Dextrose, Monosodium Glutamate, Sodium Tripolyphosphate, Citric Acid, BHT), Water, Sodium Lactate, Sodium Diacetate
	Jalapeno Cheese Dog w/ Bun	Pork, Water, Pasteurized Process Cheddar Cheese ([Cheddar Cheese {Pasteurized Milk, Cheese Culture, Salt, Enzymes}, Water, Milkfat, Sodium Phosphate, Salt, Fruit and Vegetable Juice Color, Paprika Extract Color, Sorbic Acid], Potato Starch and Powdered Cellulose, Natamycin), Modified Food Starch, Diced Jalapeno Peppers and Less Than 2% of the Following: Salt, Potassium and Sodium Lactate, Oat Fiber, Spices (Including Mustard), Sodium Phosphate, Green Bell Pepper Powder, Sorbitol, Dehydrated Jalapeno Pepper, Tomato Powder, Sodium Diacetate, Monosodium Glutamate, Garlic Powder, Dehydrated Onion, Encapsulated Vinegar Flavor (Sodium Diacetate, Citric Acid, Potassium Citrate and Gluconate-Delta-Lactone), Sodium Erythorbate, Spice Extractives, Sodium Nitrite, BUN Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Soybean Oil, Wheat Gluten, Contains Less Than 2% Of Yeast, Salt, Turmeric, Paprika, Natural Flavors, Ascorbic Acid, Enzymes, Calcium Propionate (Preservative), Canola Oil, Pea Protein, Dextrose, Maltodextrin, Corn Starch Contains: Milk, Soy, Wheat
	Hot Dog Bun	Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Soybean Oil, Wheat Gluten, Contains Less Than 2% Of Yeast, Salt, Turmeric, Paprika, Natural Flavors, Ascorbic Acid, Enzymes, Calcium Propionate (Preservative), Canola Oil, Pea Protein, Dextrose, Maltodextrin, Corn Starch Contains: Soy, Wheat

Italian Meatball Link

Beef, Pork, Water, Romano Cheese (Pasteurized Cow's Milk, Cheese Cultures, Salt, Enzymes), Textured Soy Flour, Bread Crumbs (Bleached Wheat Flour, Salt, Dextrose Yeast), Seasoning (Salt, Dried Garlic, Spice, Dried Parsley, Brown Sugar, Caramel Color, Disodium Inosinate, Disodium Guanylate, Citric Acid, BHA, BHT), Ricotta Cheese (Whey, Whole Milk, Cream, Vinegar), Eggs Contains: Egg, Milk, Soy, Wheat

Buffalo Rollerbite

Chicken, Breading (Wheat Enriched And Bleach Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Dextrin, Modified Food Starch, Sugar, Natural Flavors, Soybean Oil, Yeast, Spice, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Monocalcium Phosphate), Guar Gum, Xanthan Gum), Water, PASTEURIZED PROCESS SWISS CHEESE (Swiss Cheese (Milk, Cheese Cultures, Salt, Enzymes), Water, Cream, Sodium Phosphate, Salt, Sorbic Acid (Preservative)), Soybean Oil, Cayenne Pepper, Less than 2% of: Spice, Onion Powder, Garlic Powder, Corn Syrup Solids, Dextrose, Maltodextrin, Whey, Salt, Natural Flavors, Milk, Modified Cornstarch, Soy Protein Isolate, Nonfat Milk Solids, Hydrolyzed Soy and Wheat Protein, Distilled Vinegar, Citric Acid, Potassium Sorbate and Sodium Benzoate (Preservatives), Sodium Phosphate Contains: Milk, Soy, Wheat

Smoked Polish Sausage

Pork, Water, Modified Food Starch and Less Than 2% of the following: Salt, Potassium and Sodium Lactate, Isolated Oat Product, Sorbitol, Spices (Including Mustard), Sodium Phosphate, Sodium Diacetate, Paprika, Dehydrated Garlic, Sodium Erythorbate, Sodium Nitrite

Cheesy Pepper Jack

Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Substitute Neufchatel Cheese (Milk, Neufchatel Cheese [Pasteurized Milk And Cream, Bacterial Culture], Skim Milk [Non Fat Milk], Palm Oil, Milk Protein Concentrate, Bacterial Culture, Salt, Carob Bean Gum, Lactic Acid, Mono-And Diglycerides, Citric Acid As A preservative, Apo carotenal [Color]), Processed Jack And American Cheese With Peppers (Jack And American Cheese [Milk, Cheese Culture, Salt, Microbial Enzymes], Water, Skim Milk [Non Fat Milk], Palm Oil, Sodium Phosphates, Modified Potato Starch, Peppers [Red & Green Jalapeno Peppers], Salt, Lactic Acid), Vegetable Oil (Soybean And/or Sunflower And/or Canola And/or Corn Oil), Roasted Bell Peppers (With Salt, Citric Acid), Batter Mix (Corn Flour, Bleached Wheat Flour, Spices, Salt, Jalapeno Pepper, Leavening [Sodium Acid Pyrophosphate, Sodium Bicarbonate], Guar Gum, Paprika, Turmeric, Natural Flavor), Jalapeno Pepper (With Salt, Acetic Acid, Calcium Chloride), Maltodextrin, Tortilla Flour Blend (Salt, Rice Flour, Guar Gum, Wheat, Sodium Bicarbonate, Corn Starch, Wheat Starch, Potato Starch, Dough Conditioners [Sodium Metabisulfite, Sodium Stearoyl-2- Lactylate, L-Cysteine Hydrochloride, Mono And Diglycerides, Dicalcium Phosphate], Microcrystalline Cellulose, Silicon Dioxide [To Prevent Caking]), Dextrose, Modified Corn Starch, Xanthan Gum Contains: Milk, Soy, Wheat

Tornados	Cheesy Chorizo and Egg	Water, Wheat flour (Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Cooked Chorizo Pork Sausage Crumble (Pork, Water, Salt, Paprika, Natural Flavors, Spices, Chili Pepper, Red Pepper), Scrambled Eggs (Whole Eggs, Skim Milk, Modified Food Starch, Salt, Xanthan Gum, Citric Acid, Pepper and/or Liquid Pepper Extract), Vegetable Oils (Soybean and/or Canola and/or Corn), Batter Mix (Enriched Wheat Flour [Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Yellow and/or White Corn Flour, Spices, Salt, Jalapeno Pepper, Leavening [Sodium Acid Pyrophosphate, Sodium Bicarbonate], and/or Dehydrated Bell Pepper, Guar Gum, and/or Oleoresin Paprika and Turmeric, and/or Natural Flavor), Tomatoes (With Juice, Citric Acid, Calcium Chloride), Jalapeno Peppers (With Salt, Acetic Acid, Water, Calcium Chloride), Potatoes, Processed Cheddar Cheese Product (Water, Cheddar Cheese [Milk, Bacterial Culture, Salt, Microbial Enzyme], Modified Potato Starch, Palm Oil, Sodium Phosphates, Salt, Partly Skimmed Milk, Salt, Annatto [Color]), Process Monterey Jack Cheese Blend (Monterey Jack Cheese [Cultured Milk, Salt, Microbial Enzymes], Water, Partly Skimmed Milk, Modified Corn Starch, Palm Oil, Sodium Phosphate, Salt), Sugars (Maltodextrin, Dextrose, Sugar), Onion, Modified Corn Starch, Spices With Paprika, Salt, Granulated Garlic, Ground Chili Pepper, Lactic Acid (With Calcium Lactate), Dough Conditioners (Yeast, Wheat Gluten, Sugar, Modified Potato Starch, Sodium Metabisulphite) Contains: Wheat, Egg, Milk
	Beef Ranchero	Water, Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic acid), Cooked Beef Steak (With Broth, Salt), Monterey Jack And Cheddar Cheeses (Milk, Bacterial Culture, Salt, Microbial Enzyme, Calcium Chloride, Annatto), Vegetable Oils (Soybean And/or Canola And/or Corn), Batter Mix (Enriched Wheat Flour [Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Yellow Corn Flour, Spices, Salt, Jalapeno Pepper, Baking Powder, Guar Gum, Oleoresin Paprika And Turmeric, Natural Flavor), Tomato Paste (Tomatoes), Onion, Textured Soy Protein, Modified Corn Starch, Maltodextrin, Salt, Spices (With Paprika), Beef Flavor Bouillon (Salt, Beef Fat, Sugar, Hydrolyzed Soy Protein, Cornstarch, Dried Beef, Onion Powder, Flavors, Maltodextrin, Parsley, Turmeric Extractives, Citric Acid, Spices), Flavor, Dextrose, Chili Pepper, Guar Gum, Lactic Acid (With Calcium Lactate), Apple Cider Vinegar, Fumaric Acid, Dough Conditioners (Yeast, Wheat Gluten, Sugar, Guar Gum, Modified Potato Starch, Sodium Metabisulphite) Contains: Milk, Soy, Wheat
Nacho	Gehl's Cheese	Water, Cheese Whey, Palm Oil, Modified Tapioca Starch, Modified Corn Starch, Maltodextrin, Sodium Phosphate, Cheddar Cheese (Milk, Cultures, Salt And Enzymes), Salt, Natural And Artificial Flavors, Vinegar, Sodium Stearoyl Lactylate, Citric Acid, Mono & Diglycerides, Phosphoric Acid, Yeast Extract, Annatto Color, Carotene Color, Paprika Color Contains: Milk
	Gehl's Chili	Water, Tomato Paste, Red Beans, Palm Oil, Soy Flour, Jalapeno Puree (Jalapeno Peppers, Water, Acetic Acid, Salt, Calcium Chloride) Less Than 2% Of: Cooked Beef, Salt, Hydrolyzed Soy And Corn Protein, Autolyzed Yeast Extract, Caramel Color, Modified Corn Starch, Maltodextrin, Canola Oil, Soybean Oil, Disodium Inosinate And Disodium Guanylate, Vinegar, Chili Pepper, Spices, Onion, Cilantro Flakes, Sodium Citrate, Molasses, Corn Syrup Solids, Sugar, Tamarind, Sulfiting Agent, Mono & Diglycerides, Natural Flavors Contains: Soy



Dipping Sauce/Salad Dressing

Nutrition Information | *Available only in select locations

Item	Serving Size (g)	Calories	Calories From Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	
Dip	Ranch Dip Cup	42	210	198	22	3.5	0	20	350	3	0	2	1
	Honey BBQ Dip Cup	28	40	0	0	0	0	0	270	10	0	8	1
	Honey Mustard Dip Cup	28	140	117	13	2	0	10	210	6	0	6	1
	Blue Cheese Dip Cup	42	260	243	27	5	0	20	290	2	0	1	2
Salad Dressing	Ranch Salad Dressing Packet*	43	190	180	20	3	0	15	270	2	0	1	1
	Italian Salad Dressing Packet*	43	80	63	7	1	0	0	450	3	0	2	0
	Honey Mustard Salad Dressing Packet*	43	230	207	23	3.5	0	15	150	6	0	6	0
	Blue Cheese Salad Dressing Packet*	43	200	189	21	4	0	15	320	2	0	1	1

Ingredient Statement | *Available only in select locations

Item

Dip

Ranch Dip Cup	Soybean Oil, Water, Distilled Vinegar, Egg Yolk, Buttermilk Solids, Sugar, Salt, Monosodium Glutamate, Onion, Garlic, Xanthan Gum, Lactic Acid, Natural and Artificial Flavors, Polysorbate 60, Propylene Glycol Alginate, Potassium Sorbate, Spice, Parsley, Calcium Disodium EDTA Added To Protect Flavor Contains: Egg, Milk, Soy
Honey BBQ Dip Cup	High Fructose Corn Syrup, Distilled Vinegar, Water, Tomato Paste, Molasses, Modified Food Starch, Salt, Caramel Color, Spices, Smoke Flavoring, (Liquid Smoke Flavoring, Maltodextrin), Garlic Juice, Chili Powder (Chili Peppers, Cumin, Salt, Garlic), Onion Juice, Cider Vinegar, Potassium Sorbate and Sodium Benzoate
Honey Mustard Dip Cup	Soybean Oil, High Fructose Corn Syrup, Water, Honey, Distilled and Cider Vinegar, Sugar, Prepared Horseradish (Horseradish, Water, Vinegar, Soybean Oil, Salt, Artificial Flavoring), Egg Yolks, Salt, Mustard Seed, Spices, Paprika, Oleoresin Paprika, Natural Flavor, Turmeric, Xanthan Gum, Propylene Glycol Alginate, Potassium Sorbate and Sodium Benzoate, Calcium Disodium EDTA added to Protect Flavor Contains: Egg, Soy
Blue Cheese Dip Cup	Soybean Oil, Cultured Buttermilk, Blue Cheese (Cultured Pasteurized Milk, Salt, Enzymes, Penicillium Roqueforti) Natamycin, Distilled Vinegar, Egg Yolk, Contains Less Than 2% of Sugar, Salt, Mustard Flour, Dried Garlic, Xanthan Gum, Spice, Yeast Extract, Natural Flavor Contains: Egg, Milk, Soy

Salad Dressing

Ranch Salad Dressing Packet*	Soybean Oil, Water, Distilled Vinegar, Egg Yolk, Buttermilk Solids, Contains Less than 2% of Salt, Sugar, Lemon Juice Concentrate, Dried Garlic, Dried Onion, Xanthan Gum, Sorbic Acid, Natural Flavor, Cream, Spice, Maltodextrin, Whey, Vinegar Powder, Buttermilk, Autolyzed Yeast Extract, Milk, Sour Cream Powder, Lactic Acid, Calcium Disodium EDTA, Citric Acid Contains: Egg, Milk, Soy
Italian Salad Dressing Packet*	Water, Vinegar, Soybean Oil, Sugar, Salt, Contains Less Than 2% of Dried Garlic, Xanthan Gum, Spice, Dried Onions, Red Bell Peppers, Paprika, Beta-Carotene, Potassium Sorbate and Calcium Disodium EDTA Contains: Soy
Honey Mustard Salad Dressing*	Soybean Oil, Yellow Mustard (Distilled Vinegar, Water, Mustard Seed, Salt, Turmeric, Paprika, Spice), Distilled Vinegar, Sugar, Honey, Water, Egg Yolk, Contains Less Than 2% of Salt, Spice, Xanthan Gum, Annatto Extract, Calcium Disodium EDTA Contains: Egg, Soy
Blue Cheese Salad Dressing Packet*	Soybean Oil, Water, Blue Cheese (Cultured Pasteurized Milk, Salt, Enzymes, Penicillium Roqueforti), Natamycin, Distilled Vinegar, Egg Yolk, Sugar, Contains Less Than 2% of Salt, Whey Protein Concentrate, Sour Cream Solids (Sour Cream [Cream, Nonfat Milk, Cultures], Maltodextrin, Cultured Buttermilk, Cultured Skim Milk), Xanthan Gum, Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes), Lactic Acid, Dried Garlic, Potassium Sorbate and Sodium Benzoate, Natural Flavor, Calcium Disodium EDTA Contains: Egg, Milk, Soy

Nutrition Information | *Available only in select locations

Item	Serving Size (g)	Calories	Calories From Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Cherry Coca-Cola	20oz.	280	0	0	0	0	0	80	80	0	80	0
Cherry Coca-Cola	30oz.	420	0	0	0	0	0	120	120	0	120	0
Cherry Coca-Cola	42oz.	590	0	0	0	0	0	168	168	0	168	0
Coca-Cola	20oz.	280	0	0	0	0	0	60	80	0	80	0
Coca-Cola	30oz.	420	0	0	0	0	0	90	120	0	120	0
Coca-Cola	42oz.	590	0	0	0	0	0	126	168	0	168	0
Coca-Cola Zero	20oz.	0	0	0	0	0	0	80	0	0	0	0
Coca-Cola Zero	30oz.	0	0	0	0	0	0	120	0	0	0	0
Coca-Cola Zero	42oz.	0	0	0	0	0	0	168	0	0	0	0
Diet Coke	20oz.	0	0	0	0	0	0	80	0	0	0	0
Diet Coke	30oz.	0	0	0	0	0	0	120	0	0	0	0

Coke

Diet Coke	42oz.	0	0	0	0	0	0	168	0	0	0	0
Fanta Orange	20oz.	240	0	0	0	0	0	80	80	0	80	0
Fanta Orange	30oz.	360	0	0	0	0	0	120	120	0	120	0
Fanta Orange	42oz.	500	0	0	0	0	0	168	168	0	168	0
Glaceau vitaminwater zero squeezed	20oz.	0	0	0	0	0	0	60	0	0	0	0
Glaceau vitaminwater zero squeezed	30oz.	0	0	0	0	0	0	90	0	0	0	0
Glaceau vitaminwater zero squeezed	42oz.	0	0	0	0	0	0	126	0	0	0	0
Glaceau vitaminwater XXX	20oz.	120	0	0	0	0	0	60	40	0	40	0
Glaceau vitaminwater XXX	30oz.	180	0	0	0	0	0	90	60	0	60	0
Glaceau vitaminwater XXX	42oz.	250	0	0	0	0	0	126	84	0	84	0
Hi-C	20oz.	140	0	0	0	0	0	160	94	0	92	0
Hi-C	30oz.	210	0	0	0	0	0	240	141	0	138	0
Hi-C	42oz.	290	0	0	0	0	0	340	198	0	193	0
Mello Yello	20oz.	140	0	0	0	0	0	85	73	0	73	0
Mello Yello	30oz.	210	0	0	0	0	0	125	109	0	109	0
Mello Yello	42oz.	290	0	0	0	0	0	180	152	0	152	0

Minute Maid Fruit Punch	20oz.	200	0	0	0	0	0	0	38	63	0	63	0
Minute Maid Fruit Punch	30oz.	300	0	0	0	0	0	0	56	94	0	94	0
Minute Maid Fruit Punch	42oz.	420	0	0	0	0	0	0	79	131	0	131	0
POWERade Fruit Punch	20oz.	150	0	0	0	0	0	0	210	39	0	39	0
POWERade Fruit Punch	30oz.	220	0	0	0	0	0	0	310	58	0	58	0
POWERade Fruit Punch	42oz.	310	0	0	0	0	0	0	440	82	0	81	0
POWERade Mountain Blast	20oz.	140	0	0	0	0	0	0	200	40	0	40	0
POWERade Mountain Blast	30oz.	210	0	0	0	0	0	0	300	60	0	60	0
POWERade Mountain Blast	42oz.	295	0	0	0	0	0	0	420	84	0	84	0
Sprite	20oz.	260	0	0	0	0	0	0	120	60	0	60	0
Sprite	30oz.	390	0	0	0	0	0	0	180	90	0	90	0
Sprite	42oz.	545	0	0	0	0	0	0	252	126	0	126	0
Sprite Zero Sugar	20oz.	0	0	0	0	0	0	0	67	0	0	0	0
Sprite Zero Sugar	30oz.	0	0	0	0	0	0	0	100	0	0	0	0
Sprite Zero Sugar	42oz.	0	0	0	0	0	0	0	140	0	0	0	0
Canada Dry Ginger Ale	20oz.	220	0	0	0	0	0	0	80	60	0	60	0

DPSG

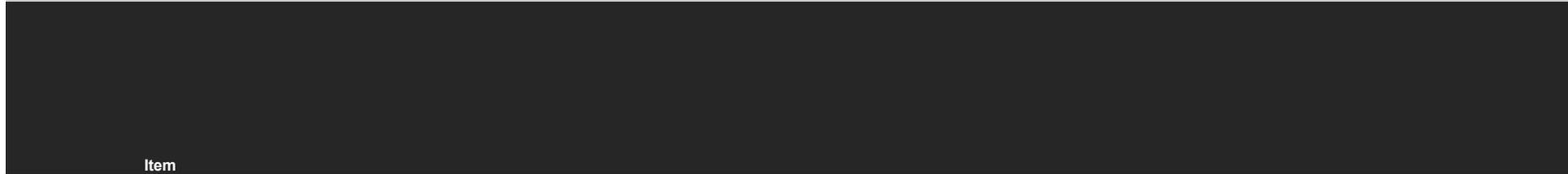
Canada Dry Ginger Ale	30oz.	330	0	0	0	0	0	120	90	0	90	0
Canada Dry Ginger Ale	42oz.	460	0	0	0	0	0	168	126	0	126	0
Diet Dr Pepper	20oz.	0	0	0	0	0	0	120	0	0	0	0
Diet Dr Pepper	30oz.	0	0	0	0	0	0	180	0	0	0	0
Diet Dr Pepper	42oz.	0	0	0	0	0	0	252	0	0	0	0
Dr Pepper	20oz.	240	0	0	0	0	0	80	60	0	60	0
Dr Pepper	30oz.	360	0	0	0	0	0	120	90	0	90	0
Dr Pepper	42oz.	505	0	0	0	0	0	168	126	0	126	0
Diet Mountain Dew	20oz.	0	0	0	0	0	0	80	0	0	0	0
Diet Mountain Dew	30oz.	0	0	0	0	0	0	120	0	0	0	0
Diet Mountain Dew	42oz.	0	0	0	0	0	0	168	0	0	0	0
Diet Pepsi	20oz.	0	0	0	0	0	0	60	0	0	0	0
Diet Pepsi	30oz.	0	0	0	0	0	0	90	0	0	0	0
Diet Pepsi	42oz.	0	0	0	0	0	0	126	0	0	0	0
Brisk Strawberry Melon Iced Tea	20oz.	120	0	0	0	0	0	95	31	0	30	0
Brisk Strawberry Melon Iced Tea	30oz.	180	0	0	0	0	0	140	46	0	45	0

Pepsi

Brisk Strawberry Melon Iced Tea	42oz.	250	0	0	0	0	0	200	65	0	62	0
Gatorade Fruit Punch	20oz.	240	0	0	0	0	0	270	36	0	34	0
Gatorade Fruit Punch	30oz.	360	0	0	0	0	0	405	54	0	51	0
Gatorade Fruit Punch	42oz.	500	0	0	0	0	0	567	76	0	71	0
Gatorade Lemon-Lime	20oz.	280	0	0	0	0	0	260	40	0	40	0
Gatorade Lemon-Lime	30oz.	420	0	0	0	0	0	390	60	0	60	0
Gatorade Lemon-Lime	42oz.	590	0	0	0	0	0	546	84	0	84	0
Mountain Dew	20oz.	280	0	0	0	0	0	80	80	0	80	0
Mountain Dew	30oz.	420	0	0	0	0	0	120	120	0	120	0
Mountain Dew	42oz.	590	0	0	0	0	0	168	168	0	168	0
Mountain Dew Code Red	20oz.	200	0	0	0	0	0	80	80	0	80	0
Mountain Dew Code Red	30oz.	300	0	0	0	0	0	120	120	0	120	0
Mountain Dew Code Red	42oz.	420	0	0	0	0	0	168	168	0	168	0
Mug Root Beer	20oz.	280	0	0	0	0	0	40	60	0	60	0
Mug Root Beer	30oz.	420	0	0	0	0	0	60	90	0	90	0
Mug Root Beer	42oz.	728	0	0	0	0	0	84	126	0	126	0

Pepsi	20oz.	280	0	0	0	0	0	40	60	0	60	0
Pepsi	30oz.	420	0	0	0	0	0	60	90	0	90	0
Pepsi	42oz.	590	0	0	0	0	0	84	126	0	126	0
Pepsi Wild Cherry	20oz.	240	0	0	0	0	0	40	60	0	60	0
Pepsi Wild Cherry	30oz.	360	0	0	0	0	0	60	90	0	90	0
Pepsi Wild Cherry	42oz.	500	0	0	0	0	0	84	126	0	126	0
Pepsi Zero Sugar	20oz.	0	0	0	0	0	0	100	0	0	0	0
Pepsi Zero Sugar	30oz.	0	0	0	0	0	0	150	0	0	0	0
Pepsi Zero Sugar	42oz.	0	0	0	0	0	0	210	0	0	0	0
Tropicana Lemonade	20oz.	240	0	0	0	0	0	260	60	0	60	0
Tropicana Lemonade	30oz.	360	0	0	0	0	0	390	90	0	90	0
Tropicana Lemonade	42oz.	500	0	0	0	0	0	546	126	0	126	0

Ingredient Statement | *Available only in select locations



Item	
Cherry Coca-Cola	Ingredient Statement For Syrup N/A Ingredient Statement For Beverage Carbonated Water, High Fructose Corn Syrup, Caramel Color, Phosphoric Acid, Natural Flavors, Potassium Citrate, Caffeine, Red 40.
Coca-Cola	Ingredient Statement For Syrup High Fructose Corn Syrup, Water, Caramel Color, Natural Flavors, Caffeine. Ingredient Statement For Beverage Carbonated Water, High Fructose Corn Syrup, Caramel Color, Natural Flavors, Caffeine.
Coca-Cola Zero	Ingredient Statement For Syrup Water, Caramel Color, Phosphoric Acid, Potassium Citrate, Potassium Benzoate (To Protect Taste), Aspartame, Natural Flavors, Acesulfame Potassium, Caffeine, Sucralose, Dimethylpolysiloxane. Ingredient Statement For Beverage Carbonated Water, Caramel Color, Phosphoric Acid, Potassium Citrate, Potassium Benzoate (To Protect Taste), Aspartame, Natural Flavors, Acesulfame Potassium, Caffeine, Sucralose.
Diet Coke	Ingredient Statement For Syrup Water, Caramel Color, Phosphoric Acid, Sodium Saccharin, Potassium Benzoate (To Protect Taste), Natural Flavors, Citric Acid, Caffeine, Potassium Citrate, Aspartame, Dimethylpolysiloxane. Ingredient Statement For Beverage Carbonated Water, Caramel Color, Phosphoric Acid, Sodium Saccharin, Potassium Benzoate (To Protect Taste), Natural Flavors, Citric Acid, Caffeine, Potassium Citrate, Aspartame.
Fanta Orange	Ingredient Statement For Syrup High Fructose Corn Syrup, Water, Citric Acid, Potassium Benzoate (To Protect Taste), Natural Flavors, Modified Food Starch, Glycerol Ester Of Rosin, Yellow 6, Sucrose Acetate Isobutyrate, Red 40. Ingredient Statement For Beverage Carbonated Water, High Fructose Corn Syrup, Citric Acid, Potassium Benzoate (To Protect Taste), Natural Flavors, Modified Food Starch, Glycerol Ester Of Rosin, Yellow 6, Sucrose Acetate Isobutyrate, Red 40.
Glaceau vitaminwater XXX	Guarana Extract. Ingredient Statement For Beverage Carbonated Water, High Fructose Corn Syrup, Citric Acid.
Glaceau vitaminwater XXX zero	Natural Flavors, Sodium Citrate, Caramel Color, Sodium Benzoate (To Protect Taste), Caffeine, Ginseng Extract.
Minute Maid Fruit Punch	Pure Filtered Water, High Fructose Corn Syrup, Grape and Pineapple Juices from Concentrate, Less than 1% of: Pear and Apple Juices from Concentrate, Natural Flavors, Citric Acid (Provide Tartness), Sucralose, Grape Skin Extract (for Color).
POWERade Mountain Blast	Ingredient Statement For Syrup Water, High Fructose Corn Syrup, Citric Acid, Natural Flavors, Salt, Potassium Citrate, Potassium Benzoate And Potassium Sorbate (To Protect Taste), Modified Food Starch, Coconut Oil, Potassium Phosphate, Sucrose Acetate Isobutyrate, Niacinamide (Vitamin B3), Blue 1, Pyridoxine Hydrochloride (Vitamin B6), Cyanocobalamin (Vitamin B12). Ingredient Statement For Beverage Water, High Fructose Corn Syrup, Citric Acid, Natural Flavors, Salt, Potassium Citrate, Potassium Benzoate And Potassium Sorbate (To Protect Taste), Modified Food Starch, Coconut Oil, Potassium Phosphate, Sucrose Acetate Isobutyrate, Niacinamide (Vitamin B3), Blue 1, Pyridoxine Hydrochloride (Vitamin B6), Cyanocobalamin (Vitamin B12).
Sprite	Ingredient Statement For Syrup High Fructose Corn Syrup, Water, Citric Acid, Natural Flavors, Sodium Benzoate (To Protect Taste), Dimethylpolysiloxane. Ingredient Statement For Beverage Carbonated Water, High Fructose Corn Syrup, Citric Acid, Natural Flavors, Sodium Benzoate (To Protect Taste).

Coke

	Sprite Zero Sugar	Carbonated Water, Less than 2% of: Citric Acid, Potassium Citrate, Natural Flavors, Potassium Benzoate (to Protect Taste), Aspartame, Acesulfame Potassium. PHENYLKETONURICS: CONTAINS PHENYLALANINE. Zero Caffeine.
DPSG	Canada Dry Ginger Ale	High Fructose Corn Syrup, Water, Citric Acid, Sodium Benzoate (Preservative), Natural Flavors, Caramel Color.
	Diet Dr Pepper	Water, Caramel Color, Phosphoric Acid, Aspartame, Sodium Citrate, Sodium Benzoate (Preservative), Caffeine, Acesulfame Potassium, Sucralose, Natural And Artificial Flavors, Dimethylpolysiloxane.
	Dr Pepper	High Fructose Corn Syrup, Water, Caramel Color, Phosphoric Acid, Caffeine, Sodium Benzoate (Preservative), Natural And Artificial Flavors, Dimethylpolysiloxane.
	Diet Mountain Dew	Carbonated Water, Concentrated Orange Juice, Citric Acid, Natural Flavor, Citrus Pectin, Aspartame, Potassium Benzoate (Preserves Freshness), Potassium Citrate, Caffeine, Potassium Sorbate (Preserves Freshness), Acesulfame Potassium, Sodium Citrate, Sodium Saccharin, Gum Arabic, Sodium Benzoate (Preserves Freshness), Salt, Calcium Disodium Edta (To Protect Flavor), Brominated Vegetable Oil, Yellow 5.
Pepsi	Diet Pepsi	Carbonated Water, Caramel Color, Phosphoric Acid, Sodium Citrate, Sucralose, Potassium Benzoate (Preserves Freshness), Acesulfame Potassium, Caffeine, Natural Flavor, Citric Acid, Calcium Disodium Edta (To Protect Flavor).
	Gatorade Fruit Punch	Water, Sugar, Dextrose, Citric Acid, Salt, Sodium Citrate, Monopotassium Phosphate, Modified Food Starch, Natural Flavors, Glycerol Ester of Rosin, Red 40, Caramel Color.
	Gatorade Lemon-Lime	Water, Sugar, Dextrose, Citric Acid, Salt, Sodium Citrate, Monopotassium Phosphate, Gum Arabic, Sodium Benzoate (Preserves Freshness), Potassium Sorbate (Preserves Freshness), Glycerol Ester Of Rosin, Natural Flavor, Yellow 5.
	Mountain Dew	Carbonated Water, High Fructose Corn Syrup, Concentrated Orange Juice, Citric Acid, Natural Flavors, Sodium Benzoate (Preserves Freshness), Caffeine, Sodium Citrate, Erythorbic Acid (Preserves Freshness), Gum Arabic, Calcium Disodium Edta (To Protect Flavor), Brominated Vegetable Oil, Yellow 5.
	Mountain Dew Code Red	Carbonated Water, High Fructose Corn Syrup, Orange Juice Concentrate, Citric Acid, Natural Flavor, Caffeine, Sodium Benzoate (Preserves Freshness), Sodium Citrate, Gum Arabic, Calcium Disodium Edta (To Protect Flavor), Red 40, Brominated Vegetable Oil, Yellow 5, Sucrose, Caramel Color, Blue 1.
	Mug Root Beer	Carbonated Water, High Fructose Corn Syrup, Caramel Color, Sodium Benzoate (Preserves Freshness) Citric Acid, Natural & Artificial Flavors, Modified Food Starch, Calcium Disodium Edta (To Protect Flavor), Quillaia Extract.
	Pepsi	Carbonated Water, High Fructose Corn Syrup, Caramel Color, Sugar, Phosphoric Acid, Caffeine, Citric Acid, Natural Flavor.
	Pepsi Wild Cherry	Carbonated Water, High Fructose Corn Syrup, Caramel Color, Sugar, Phosphoric Acid, Natural Flavors, Caffeine, Citric Acid.
	Pepsi Zero Sugar	Carbonated Water, Caramel Color, Phosphoric Acid, Aspartame, Potassium Benzoate (Preserves Freshness), Caffeine, Natural Flavor, Acesulfame Potassium, Citric Acid, Calcium Disodium EDTA (To Protect Flavor), Panax Ginseng Root Extract. PHENYLKETONURICS: CONTAINS PHENYLALANINE. Caffeine Content: 69mg/12 fl. oz.
	Tropicana Lemonade	Treated Water, High Fructose Corn Syrup, Citric Acid, Sodium Citrate, Natural Flavor, Lemon Juice Concentrate, Gum Arabic, Sodium Benzoate (Preserves Freshness), Glycerol Ester Of Rosin, Potassium Sorbate (Preserves Freshness), Calcium Disodium Edta (To Protect Flavor), Yellow 5.

Nutrition Information | *Available only in select locations

Item	Serving Size (g)	Calories	Calories From Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	
Frozen (Brazillian Cold Brew	16 oz.	5	0	0	0	0	15	4	0	0	1	
	Brazillian Cold Brew	24 oz.	10	0	0	0	0	20	6	0	0	2	
	Birthday Cake Cold Brew	16 oz.	20	0	0	0	0	6	4	0	0	1	
	Birthday Cake Cold Brew	24 oz.	30	1	0	0	0	10	6	0	0	1	
	Toffee Cold Brew	16 oz.	5	0	0	0	0	7	27	0	24	1	
	Toffee Cold Brew	24 oz.	10	0	0	0	0	10	40	0	36	2	
	French Vanilla Frozen Coffee	16 oz.	288	63	7	7	0	0	320	59	0	52	1
	French Vanilla Frozen Coffee	24oz.	460	90	10	10	0	0	480	88	0	78	2
	Mocha Frozen Coffee	16oz.	288	72	8	8	0	0	373	57	0	50	1
	Mocha Frozen Coffee	24oz.	460	108	12	12	0	0	560	86	0	74	2

Ingredient Statement | *Available only in select locations

Item		
Frozen Coffee	Brazilian Cold Brew	Coffee, Water.
	Birthday Cake Cold Brew	Water, Coffee, Natural Flavors
	Toffee Cold Brew	Coffee, Water, Sugar, Natural Flavors
	French Vanilla Frozen Coffee	High Fructose Corn Syrup, Filtered Water, Non-Dairy Creamer (Hydrogenated Coconut Oil, Corn Syrup Solids, Sodium Caseinate (A Milk Derivative), Sugar, Dipotassium Phosphate, Propylene Glycol Esters Of Fatty Acids, Mono & Diglycerides, Sodium Silicoaluminate, Salt, Soy Lecithin, Carrageenan, Artificial Flavor And Colors), Cold Brew Coffee Extract, Salt, Natural And Artificial Flavors, Propylene Glycol, Xanthan Gum, Caramel Color, Potassium Sorbate, Sodium Benzoate. CONTAINS: Soy, Milk
	Mocha Frozen Coffee	High Fructose Corn Syrup, Filtered Water, Non-Dairy Creamer (Hydrogenated Coconut Oil, Corn Syrup Solids, Sodium Caseinate (A Milk Derivative), Sugar, Dipotassium Phosphate, Propylene Glycol Esters Of Fatty Acids, Mono & Diglycerides, Sodium Silicoaluminate, Salt, Soy Lecithin, Carrageenan, Artificial Flavor And Colors), Cold Brew Coffee Extract, Cocoa Powder, Salt, Vanillin, Propylene Glycol, Xanthan Gum, Potassium Sorbate, Sodium Benzoate). CONTAINS: Soy, Milk



Horchata & Lemonade

Nutrition Information | *Available only in select locations

Item	Serving Size (g)	Calories	Calories From Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Lemonade	Homestyle Lemonade	20oz.	280	0	0	0	0	8	73	0	70	0
	Homestyle Lemonade	30oz.	420	0	0	0	0	13	110	0	105	0
	Homestyle Lemonade	42oz.	590	0	0	0	0	18	154	0	147	0
	Homestyle Lemonade	52oz.	730	0	0	0	0	22	191	0	182	0
Horchata	Horchata	20oz.	200	45	5	5	0	50	53	0	48	0
	Horchata	30oz.	300	72	8	8	0	75	80	0	73	0
	Horchata	42oz.	420	99	11	11	0	105	112	0	102	0
	Horchata	52oz.	520	117	13	13	0	130	139	0	126	0

Ingredient Statement | *Available only in select locations

Item		
Lemonade	Homestyle Lemonade	Sugar, Filtered Water, Citric Acid, Grapefruit Pulp, Propylene Glycol, Sodium Citrate, Cloud [Filtered Water, Modified Food Starch, Titanium Dioxide, Propylene Glycol, Xanthan Gum, Sodium Benzoate, Citric Acid], Xanthan Gum, Natural Flavors, Sodium Benzoate, Potassium Sorbate, Sodium Metabisulfite, FD & C Yellow #5.
Horchata	Horchata	High Fructose Corn Syrup, Filtered Water, Vanilla Non-Dairy Mix [Sugar, Corn Syrup Solids, Coconut Oil, Contains 2% Or Less: Sodium Caseinate (A Milk Derivate), Salt, Guar Gum, Potassium and Sodium Phosphate, Mono And Diglycerides, Soy Lecithin, Xanthan Gum, Artificial Flavor And Color], Non-Dairy Creamer [Hydrogenated Coconut Oil, Corn Syrup Solids, Sodium Caseinate (A Milk Derivate), Sugar, Dipotassium Phosphate, Propylene Glycol Esters Of Fatty Acids, Mono And Diglycerides, Sodium Silicoaluminate, Salt, Soy Lecithin, Carrageenan, Artificial Flavor And Color], Natural And Artificial Flavors, Propylene Glycol, Caramel Color, Xanthan Gum, Vanillin, Potassium Sorbate, Sodium Propionate, Sucralose. Contains: Milk, Soy



Brewed Tea

Nutrition Information | *Available only in select locations

Item	Serving Size (g)	Calories	Calories From Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	
Brewed Tea	Classic Sweet Tea	20 oz	140	0.2	0.02	0	0	14	35	0	34	0.2	
	Classic Sweet Tea	30oz	264	0.4125	0.0375	0	0	0	68.775	0	67.0125	0.4875	
	Classic Sweet Tea	30 oz	210	0.3	0.03	0	0	21	53	0	51	0.4	
	Classic Sweet Tea	42oz	370	0.5775	0.0525	0	0	0	96.285	0	93.8175	0.6825	
	Classic Sweet Tea	42 oz	300	0.4	0.05	0	0	30	74	0	71	0.5	
	Classic Sweet Tea	52oz	458	0.715	0.065	0	0	0	119.21	0	116.155	0.845	
	Classic Unsweet Tea		1	0	0	0	0	0	0.475	0	0.05	0	
	Classic Unsweet Tea	20oz	2	0	0	0	0	0	15	0.4	0	0	0
	Classic Unsweet Tea	30oz	1	0	0	0	0	0	0.7125	0	0.075	0	
	Classic Unsweet Tea	30oz	2	0	0	0	0	0	23	0.6	0	0	0
	Classic Unsweet Tea	42oz	2	0	0	0	0	0	0.9975	0	0.105	0	
	Classic Unsweet Tea	42 oz	3	0	0	0	0	0	32	0.8	0	0	0

Ingredient Statement | *Available only in select locations

Brewed Tea		
	Item	
Brewed Tea	Classic Sweet Tea	Sugar, Water, Brewed Black Tea, Caramel Color, Citric Acid, Potassium Sorbate and Sodium Benzoate (preservatives).
	Classic Unsweet Tea	Water, Brewed Black Tea, Caramel Color, Potassium Sorbate and Sodium Benzoate (perservatives), Tannic and Phosphoric Acids.



Artisan Beverage

Nutrition Information | *Available only in select locations

Item	Serving Size (g)	Calories	Calories From Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Artisan Beverage	Blackberry Lemonade	16oz	190	0	0	0	0	5	49	0	47	0
	Blackberry Lemonade	24oz	280	0	0	0	0	10	74	0	70	0
	Strawberry Lemonade	16oz	190	0	0	0	0	5	48	0	47	0
	Strawberry Lemonade	24oz	280	0	0	0	0	10	72	0	70	0
	Raspberry Hisbiscus	16oz	190	0	0	0	0	5	49	0	44	0
	Raspberry Hisbiscus	24oz	280	0	0	0	0	10	74	0	66	0
	Reduced Sugar Orange Passionfruit	16oz	107	0	0	0	0	7	27	0	25	0
	Reduced Sugar Orange Passionfruit	24oz	160	0	0	0	0	10	40	0	38	0

Ingredient Statement | *Available only in select locations

	Item	
Artisan Beverage	Blackberry Lemonade	Sugar, Filtered Water, Lemon Juice Concentrate, Citric Acid, Grapefruit Pulp, Natural Flavors, Malic Acid, Sodium Citrate, Cloud [Filtered Water, Modified Food Starch, Titanium Dioxide, Propylene Glycol, Xanthan Gum, Sodium Benzoate, Citric Acid], Sodium Benzoate, Potassium Sorbate, Sodium Metabisulfite, FD&C Red #40, FD&C Blue #1.
	Strawberry Lemonade	Sugar, Filtered Water, Pear Juice Concentrate, Strawberry Juice Concentrate, Citric Acid, Natural Flavors, Gum Arabic, Ethyl Alcohol, Caramel Color, Medium Chain Triglycerides, Sodium Benzoate, Potassium Sorbate, Glycerol Ester of Wood Rosin, FD&C Red #40, Ascorbic Acid, Mixed Tocopherols (Antioxidant).
	Raspberry Hibiscus	Sugar, Hibiscus Extract, Filtered Water, Citric Acid, Natural Flavors, Potassium Sorbate, Sodium Benzoate, FD&C Red #40.
	Reduced Sugar Orange Passionfruit	REDUCED SUGAR ORANGE PASSIONFRUIT (Filtered Water, Sugar, Orange Juice Concentrate, Passionfruit Juice Concentrate, Citric Acid, Natural Flavors, Stevia Leaf Extract, Sodium Benzoate, Potassium Sorbate, Beta Carotene (For Color), Sodium Metabisulfite).



Hot Beverage

Nutrition Information | *Available only in select locations

Item	Serving Size (g)	Calories	Calories From Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	
Cappuccino	French Vanilla Alert Cappuccino	16oz.	220	30	3	3	0	0	360	49	1	45	1
	French Vanilla Alert Cappuccino	20oz.	280	35	4	3	0	0	440	61	1	57	1
	French Vanilla Alert Cappuccino	24oz.	340	45	5	4	0	0	530	74	1	68	2
	French Vanilla Cappuccino	16oz.	220	30	3	3	0	0	360	49	1	45	1
	French Vanilla Cappuccino	20oz.	280	35	4	3	0	0	440	62	1	57	1
	French Vanilla Cappuccino	24oz.	340	45	5	4	0	0	530	74	1	68	1
	Caramel Macchiato Cappuccino	16oz.	280	45	5	5	0	0	466	59	0	53	1
	Caramel Macchiato Cappuccino	20oz.	350	54	6	6	0	0	583	73	0	67	2
	Caramel Macchiato Cappuccino	24oz.	420	63	7	7	0	0	700	88	0	80	2
	Mocha Alert Cappuccino	16oz.	220	25	3	2	0	0	340	49	1	44	1
	Mocha Alert Cappuccino	20oz.	270	30	4	3	0	0	430	61	1	56	1
	Mocha Alert Cappuccino	24oz.	330	35	4	3	0	0	510	73	2	67	2

Hot Chocolate	Sugar Free French Vanilla	16oz.	160	45	5	5	0	0	240	26	1	1	1
	Sugar Free French Vanilla	20oz.	200	60	7	6	0	0	300	33	1	1	1
	Sugar Free French Vanilla	24oz.	240	70	8	7	0	0	360	39	1	1	1
	Candy Cane White Hot Chocolate	16oz.	250	31	3.5	2.5	0	0	150	56	0	39	1
	Candy Cane White Hot Chocolate	20oz.	320	36	4	3.5	0	0	190	70	0	48	2
	Candy Cane White Hot Chocolate	24oz.	380	45	5	4	0	0	230	84	0	58	2
	Reese's Hot Chocolate	16oz.	250	45	9	4	0	0	520	50	1	50	1
	Reese's Hot Chocolate	20oz.	320	54	6	5	0	0	650	70	2	50	2
	Reese's Hot Chocolate	24oz.	380	63	7	6	0	0	780	80	2	60	2
Coffee	All Coffees (Regular & Decaffeinated)	16oz.	0	0	0	0	0	0	10	0	0	0	1
	All Coffees (Regular & Decaffeinated)	20oz.	5	0	0	0	0	0	10	0	0	0	1
	All Coffees (Regular & Decaffeinated)	24oz.	10	0	0	0	0	0	15	0	0	0	1

Ingredient Statement | *Available only in select locations

Ingredient Statement *Available only in select locations		
	Item	
Cappuccino	French Vanilla Alert Cappuccino	Sugar, Whey, Coconut Oil, Corn Syrup Solids, Coffee, Carboxymethylcellulose, Sodium Caseinate (From Milk), Salt, Artificial Flavor, Caffeine, Cocoa, And Dipotassium Phosphate. CONTAINS: Milk
	French Vanilla Cappuccino	Sugar, Whey, Coconut Oil, Corn Syrup Solids, Instant Coffee, Carboxymethylcellulose, Sodium Caseinate, Salt, Artificial Flavors, Cocoa, And Dipotassium Phosphate. CONTAINS: Milk
	Caramel Macchiato Cappuccino	Sugar, Creamer (Hydrogenerated Coconut Oil, Corn Syrup Solids, Sodium Caseinate [A Milk Derivative], Dipotassium Phosphate, Sugar, Mono- and Diglycerides, Sodium Silicoaluminate, Sodium Stearoyl Lactylate, Soy Lecithin, Artificial Colors, Artificial Flavors), Whey, Cellulose Gum, Instant Coffee, Salt, Natural and Artificial Flavor, Cocoa Powder CONTAINS: milk, Soy
	Mocha Alert Cappuccino	Sugar, Whey, Coconut Oil, Instant Coffee, Corn Syrup Solids, Dutch Cocoa (Processed With Alkali) & Cocoa, Carboxymethylcellulose, Sodium Caseinate (From Milk), Salt, Caffeine, Artificial Flavor, And Dipotassium Phosphate. CONTAINS: Milk
	Sugar Free French Vanilla	Maltodextrin, Coconut Oil, Instant Coffee, Carboxymethylcellulose, Sodium Caseinate (From Milk), Natural & Artificial Flavors, Salt, Mono & Diglycerides, Aspartame (A Sweetener), Cocoa, Dipotassium Phosphate, And Soy Lecithin. CONTAINS: Milk, Soy
	Sugar Free Caramel Pecan Cappuccino	WATER, SUGAR FREE CARAMEL PECAN CAPPUCCINO MIX (Maltodextrin, Non-Dairy Creamer (Coconut Oil, Maltodextrin, Sodium Caseinate (A Milk Derivative), Silicon Dioxide, Mono- And Diglycerides), Sorbitol, Natural And Artificial Flavors, Coffee, Silicon Dioxide (Anti-Caking Agent), Cellulose Gum, Salt, Alkalized Cocoa Powder, Sodium Citrate, Aspartame, Acesulfame K, Phenylketonurics: Contains Phenylalanine). CONTAINS: Milk, Soy.
Coffee	Hot Chocolate	Reese's Hot Chocolate
	All Coffees (Regular & Decaffeinated)	Dipotassium Phosphate, And Color Added.

Ingredient Statement | *Available only in select locations

Item		
Cappuccino	French Vanilla Alert Cappuccino	Sugar, Whey, Coconut Oil, Corn Syrup Solids, Coffee, Carboxymethylcellulose, Sodium Caseinate (From Milk), Salt, Artificial Flavor, Caffeine, Cocoa, And Dipotassium Phosphate. CONTAINS: Milk
	French Vanilla Cappuccino	Sugar, Whey, Coconut Oil, Corn Syrup Solids, Instant Coffee, Carboxymethylcellulose, Sodium Caseinate, Salt, Artificial Flavors, Cocoa, And Dipotassium Phosphate. CONTAINS: Milk
	Caramel Macchiato Cappuccino	Sugar, Creamer (Hydrogenerated Coconut Oil, Corn Syrup Solids, Sodium Caseinate [A Milk Derivative], Dipotassium Phosphate, Sugar, Mono- and Diglycerides, Sodium Silicoaluminate, Sodium Stearoyl Lactylate, Soy Lecithin, Artificial Colors, Artificial Flavors), Whey, Cellulose Gum, Instant Coffee, Salt, Natural and Artificial Flavor, Cocoa Powder CONTAINS: milk, Soy
	Mocha Alert Cappuccino	Sugar, Whey, Coconut Oil, Instant Coffee, Corn Syrup Solids, Dutch Cocoa (Processed With Alkali) & Cocoa, Carboxymethylcellulose, Sodium Caseinate (From Milk), Salt, Caffeine, Artificial Flavor, And Dipotassium Phosphate. CONTAINS: Milk
	Sugar Free French Vanilla	Maltodextrin, Coconut Oil, Instant Coffee, Carboxymethylcellulose, Sodium Caseinate (From Milk), Natural & Artificial Flavors, Salt, Mono & Diglycerides, Aspartame (A Sweetener), Cocoa, Dipotassium Phosphate, And Soy Lecithin. CONTAINS: Milk, Soy
	Sugar Free Caramel Pecan Cappuccino	WATER, SUGAR FREE CARAMEL PECAN CAPPUCCINO MIX (Maltodextrin, Non-Dairy Creamer (Coconut Oil, Maltodextrin, Sodium Caseinate (A Milk Derivative), Silicon Dioxide, Mono- And Diglycerides), Sorbitol, Natural And Artificial Flavors, Coffee, Silicon Dioxide (Anti-Caking Agent), Cellulose Gum, Salt, Alkalized Cocoa Powder, Sodium Citrate, Aspartame, Acesulfame K, Phenylketonurics: Contains Phenylalanine). CONTAINS: Milk, Soy.
Coffee Hot Chocolate	Reese's Hot Chocolate	WATER, HOT CHOCOLATE MIX (Sugar, Non-Dairy Creamer (Coconut Oil, Corn Syrup Solids, Sodium Caseinate (a milk derivative), Mono & Diglycerides, Dipotassium Phosphate, Silicon Dioxide, Maltodextrin, Whey, Natural and Alkalized Cocoa Powder, Nonfat Milk, Artificial Flavors, Salt, Silicon Dioxide, Cellulose Gum, Vanillin) CONTAINS: Milk, Soy
	All Coffees (Regular & Decaffeinated)	Dipotassium Phosphate, And Color Added.



Frozen Beverage

Nutrition Information

Item	Serving Size (g)	Calories	Calories From Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Icee	16oz.	130	0	0	0	0	0	29	46	0	46	0
	24oz.	190	0	0	0	0	0	36	65	0	57	0
	32oz.	250	0	0	0	0	0	48	77	0	77	0
	16oz.	255	0	0	0	0	0	35	63	0	63	0
	24oz.	375	0	0	0	0	0	51	92	0	92	0
	32oz.	445	0	0	0	0	0	61	109	0	109	0
Frazil	20oz.	350	0	0	0	0	0	20	88	0	87	0
	32oz.	560	0	0	0	0	0	30	141	0	140	0
	20oz.	350	0	0	0	0	0	20	88	0	87	0
	32oz.	560	0	0	0	0	0	30	141	0	140	0
	20oz.	380	0	0	0	0	0	20	96	0	92	0
	32oz.	610	0	0	0	0	0	30	153	0	148	0
	20oz.	380	0	0	0	0	0	20	96	0	92	0
	32oz.	610	0	0	0	0	0	30	153	0	148	0

Ingredient Statement

Ingredient Statement		
	Item	
Icee	ICEE FCB and FUB Flavors	High Fructose Corn Syrup, Water, Citric Acid, Yuzza And Quillaja Extracts, Natural And Artificial Flavors, Sodium Benzoate And Potassium Sorbate (Preservatives) FD&C Red #40, And Caramel Color.
	FRAZIL-TIGER'S BLOOD	Sugar, Citric Acid, Natural and Artificial Flavors, Ascorbic Acid, Sodium Benzoate (Preservative), Artificial Color (Red 40, Blue 1)
Frazil	FRAZIL-SIMPLY MANGO	Sugar, Citric Acid, Natural and Artificial Flavors, Ascorbic Acid, Sodium Benzoate (Preservative), Artificial Color (Yellow 6, Yellow 5)
	FRAZIL - PINA COLADA ENERGY	Sugar, Citric Acid, Isomaltoligosaccharide, Artificial Flavor, Taurine, Inositol, Caffeine, Panax Ginseng, Ascorbic Acid, Sodium Benzoate (Preservative), Vitamin B3 (Niacinamide), L-Theanine, Artificial Color (Yellow 5), Sucralose, Vitamin B12 (Cyanocobalamin). *Not recommended for children, pregnant or nursing women or those sensitive to caffeine.
	FRAZIL - ORANGE CREAM ENERGY	Sugar, Citric Acid, Isomaltoligosaccharide, Natural and Artificial Flavors, Taurine, Inositol, Caffeine, Panax Ginseng, Ascorbic Acid, Sodium Benzoate (Preservative), Vitamin B3 (Niacinamide), L-Theanine, Artificial Color (Yellow 5, Yellow 6, Red 40), Sucralose, Vitamin B12 (Cyanocobalamin). *Not recommended for children, pregnant or nursing women or those sensitive to caffeine.